

# Community Resource Guide



**No one should have to face cancer alone.**

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**We welcome your feedback.** Please contact us if you have comments, or would like to recommend a cancer-related organization to be included in these materials.

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# Cancer Resource Guide by CancerLINC

## GENERAL

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**American Cancer Society** (800) 227-2345 [www.cancer.org](http://www.cancer.org)

**Area Agencies on Aging** coordinate and offer services to help older adults remain in their homes, if that is their preference, aided by services such as home-delivered meals, homemaker assistance, and whatever else it may take to make independent living a viable option. By making a range of supports available, AAAs make it possible for older individuals to choose the services and living arrangements that suit them best. Find your local AAA by visiting [Eldercare.acl.gov](http://Eldercare.acl.gov) or calling 1-800-677-1116.

**Cancer Information Service, National Cancer Institute at the National Institute for Health** (800) 4CANCER (800-422-6237), [www.cancer.gov](http://www.cancer.gov)

**Centers for Independent Living (CILs)** provide independent living services for people with disabilities. CILs provide tools, resources, and supports for integrating people with disabilities fully into their communities to promote equal opportunities, self-determination, and respect. Find the CIL in your area online at <https://vacil.org/cils-in-virginia/> or calling (540) 433-6513 x711.

**Livestrong Foundation** has free personalized cancer support and information. (855) 220-7777 (general support), [www.livestrong.org](http://www.livestrong.org)

## LOCAL EMERGENCY & SUPPORT RESOURCES

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**2-1-1 Virginia** is a free service connecting individuals to local resources. They are available to provide information and referral 24-hours a day, seven days a week. Contact them by dialing 2-1-1 on your telephone, texting CONNECT to 247211, or search for resources on their website [www.211virginia.org](http://www.211virginia.org)

**ACTS RVA** - Funds provided by ACTS are most often used to pay for rent, mortgage, and utilities to keep families intact and stably housed. **Individuals must be referred through one of their partner congregations.** St. Mary's Catholic Church is a partner. Contact Rebecca Oxenreider at St. Mary's at 804-740-4044, ext. 11. ACTS main number is (804) 644-2401 (actsrva.org), but they do not deal with individuals directly.

**Cap Up (Capital Partnership Uplifting People)** for Richmond area emergency financial assistance (rent/mortgage, utilities, food, health), employment services (coaching,

networking), Food Buying Club (food pantry services), and senior centers. Contact them at (804) 788-0050, [www.capup.org](http://www.capup.org)

**Charles City Social Services** provides financial assistance and cash payments directly to fuel vendors and utility companies on a family's behalf. Contact them at (804) 652-1708 or visit their [website at www.charlescityva.us/177/Social-Services](http://www.charlescityva.us/177/Social-Services)

**FindHelp.org** allows individuals to search and connect to support within their local community. Resources include financial assistance, food pantries, medical care, and other free or reduced-cost programs. You can search by zip code online at [www.findhelp.org](http://www.findhelp.org).

**The Housing Resource Line** is a program of the Partnership for Affordable Housing. The organization connects people to housing-related resources in the Richmond area. These resources include: Locating rental housing, rental payment assistance, utility payment assistance, emergency assistance, rehab and repair, housing discrimination, credit counseling, homebuyer education, down payment assistance, foreclosure prevention, and first-time mortgage. To be eligible, individuals must meet AMI income guidelines. Contact them at (804) 353-6503.

**Resources for Independent Living** is the Richmond area Center for Independent Living (CIL) assisting individuals with severe disabilities to obtain housing services, transportation, and personal care attendance. Contact them directly at (804) 353-6503, or learn more online at [ril.va.org](http://ril.va.org)

**Salvation Army Family Services - Richmond Area** provides financial support (utilities, food, and clothing), counseling, and job training. Contact them at (804) 225-7470, [www.virginiasalvationarmy.org/richmondva/programs/family-services](http://www.virginiasalvationarmy.org/richmondva/programs/family-services)

**Senior Connections the Capital Area Agency on Aging** provides information and resources to support older adults residing within the community. Contact them at 804-343-3000, or learn more at [www.seniorconnections-va.org](http://www.seniorconnections-va.org)

**United Way** provides financial assistance and many other services. Contact them at (804) 771-5820 or dial 2-1-1, [www.unitedway.org](http://www.unitedway.org)

**Virginia Easy Access** has a service finder tool that helps individuals locate resources within their community. Individuals pick the county or city to find topics in that area including housing options, in-home services, transportation programs, and more. Access the search finder tool online at <https://easyaccess.virginia.gov/service-finder> or call (888) 992-0959.

**Virginia Supportive Housing** provides housing assistance and case management for people who have been chronically homeless for a year. Contact them at (804) 788-6825, <http://www.virginiassupportivehousing.org/>

## PAYING FOR MEDICAL CARE

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### How to get medical insurance if you do not already have it

**Note:** *Under the Affordable Care Act, insurance companies cannot ask about or consider pre-existing conditions when deciding how much to charge you or offer you coverage.*

**Obtaining New Health Insurance: Marketplace Health Insurance.** If you are unable to obtain employer-provided health insurance, have recently stopped working, had some other major life change, and/or do not qualify for Medicaid or Medicare, you may be able to purchase a health insurance policy through an insurance company or broker, or through the state or federal health insurance Marketplace. Individuals who choose plans in the Marketplace may be eligible for financial assistance. Contact them at (800) 318-2596, or online at: [www.HealthCare.gov/get-coverage](http://www.HealthCare.gov/get-coverage)

**Medicare** is a federal health insurance program, which provides coverage to individuals who are entitled to Social Security retirement benefits and are 65 years of age or older, individuals who are under the age of 65, but have been receiving Social Security Disability Insurance (SSDI) for no less than 24 months, individuals entitled to Railroad Retirement benefits or Railroad Retirement disability benefits, individuals with end-stage renal disease (ESRD), and individuals with Amyotrophic Lateral Sclerosis (ALS). You may be eligible to receive both Medicare and Medicaid benefits if you are over 65, or disabled and have very limited income. Medicaid might cover what Medicare does not. Contact them at 800-MEDICARE (800-633-4227), or online at: [www.medicare.gov](http://www.medicare.gov)

**Health Coverage for Low Income Households: Medicaid** is a federal health insurance program with eligibility criteria and benefits that vary from state to state. Thirty-one states provide coverage for low income adults, while in other states individuals have to meet other requirements, such as having a disability, having a dependent child, or being over age 65. You may be eligible to receive both Medicare and Medicaid benefits if you are over 65 and/or disabled and have very limited income. Medicaid might cover what Medicare does not. Learn more at: [www.medicaid.gov](http://www.medicaid.gov).

**Keeping Health Insurance after Terminating Employment:** **COBRA** may allow you to maintain health insurance coverage if you experience a qualifying event, such as leaving your job. Learn more at:

<https://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/cobra>.

#### **Medicaid/Insurance (Navigators) Contacts –**

- **Carla Torres-Barrera**, Health Care Navigator, Team Coordinator, 804-200-6035, [carlatb@cvlas.org](mailto:carlatb@cvlas.org)
- **Norma Ryan**, FAMIS Medicaid Application Specialist (assists individuals 0 to 64 ONLY), 804 -955-9578, [norma@vhcf.org](mailto:norma@vhcf.org)

**Virginia Health Agent contact –** Chris Lynch, [chris@vahealthagent.com](mailto:chris@vahealthagent.com)

**Veterans** may be eligible to receive health care through the **Veterans Administration**, [www.va.gov/health](http://www.va.gov/health).

**Virginia Department of Veterans Services** assists veterans and their families in obtaining state, federal, and local benefits to which they are entitled that they might not otherwise receive. The Department offers assistance with claims for services and benefits. The Department acts as informed advocates in the preparation, presentations, and prosecution of all claims, and serves as a clearinghouse providing information and assistance that will enhance the veteran's quality of life. Find contact information on your local office by visiting [www.dvs.virginia.gov/benefits/health-benefits](http://www.dvs.virginia.gov/benefits/health-benefits)

**Virginia Insurance Counseling and Assistance Program (VICAP)** is a free counseling program offered through Senior Connections, the Capital Area Agency on Aging, for individuals with Medicare, their families, and/or caregivers. VICAP counsels individuals on Medicare, Medicaid, Medigap, and Long Term Care insurance. Counselors work with clients to make informed decisions about Medicare Supplement Insurance, Medicare plans, and Medicare Part D Prescription Drug coverage plans. Counselors can also assist eligible clients with tracking insurance claims and resolving complaints. Counseling can be provided by telephone or in-person. Individuals in the Richmond-metro area may contact VICAP at (804) 343-3014.

### **Insurance Denials & Coverage**

**CancerLINC** connects eligible cancer patients with free legal and financial services, including insurance attorneys. Contact them at 804-562-0371, or at [www.CancerLINC.org](http://www.CancerLINC.org)

**Cancer Support Community** has general insurance information online and a hotline for general cancer support, including insurance information and managing costs. Contact their hotline at (888) 793-9355. Learn more about



them at: [www.cancersupportcommunity.org/managing-cost-cancer-treatment/health-insurance-cancer-patients](http://www.cancersupportcommunity.org/managing-cost-cancer-treatment/health-insurance-cancer-patients)

**Patient Advocate Foundation** provides help with insurance denials and finding insurance coverage. The foundation is located locally in Hampton, Virginia and can be contacted at (800) 532-5274. Learn more at: [www.patientadvocate.org](http://www.patientadvocate.org)

**Virginia Insurance Counseling and Assistance Program (VICAP)** is a free counseling program offered through Senior Connections, the Capital Area Agency on Aging, for individuals with Medicare, their families, and/or caregivers. VICAP counsels individuals on Medicare, Medicaid, Medigap, and Long Term Care insurance. Counselors work with clients to make informed decisions about Medicare Supplement Insurance, Medicare plans, and Medicare Part D Prescription Drug coverage plans. Counselors can also assist eligible clients with tracking insurance claims and resolving complaints. Counseling can be provided by telephone or in-person. Individuals in the Richmond-metro area may contact VICAP at (804) 343-3014.

## Social Services

**Virginia Department of Social Services** provides a variety of support services, based on household income and resources, including but not limited to food stamps, general relief, aid to dependent children, and state and local hospitalization funds. Contact them at (804) 726-7000 and learn more at: [www.dss.virginia.gov/benefit/](http://www.dss.virginia.gov/benefit/)

**Common Help** has a quick and easy screening tool to help people in VA find out if they will be eligible to receive: help with buying food (Supplemental Nutrition Assistance Program (SNAP), food stamps); Low or no-cost health care; Help with buying prescription drugs; help with paying for childcare; home energy assistance; temporary cash assistance for families with minor children (Temporary Assistance for Needy Families (TANF)). This screening tool takes about 15 mins and is confidential and secure.

<https://commonhelp.virginia.gov/access/accessController?id=0.09423451010498707>

**Social Security Administration** provides benefits to: (1) individuals & family members who have worked long enough & paid taxes (SSDI) & (2) low income individuals with a disability (SSI), as well as to other qualifying individuals for benefits such as a Medical Vocational Allowance and a Compassionate Allowance (just by diagnosis). The application can be completed online at <https://www.ssa.gov/applyfordisability/> and approval is granted around 5

months approximately. You can contact them directly at (800) 772-1213 or at: [www.ssa.gov](http://www.ssa.gov)

**Allsup (Free SSDI assessment)** has specialized in disability services for over 36 years and has successfully helped more than 350,000 individuals receive the Social Security Disability benefits they deserve. Learn more and contact them via their website at [www.allsup.com/empower/Questionnaire](http://www.allsup.com/empower/Questionnaire) or call (800) 405-8339.

### Financial Assistance for Copays, Out-of-Pocket Expenses, Travel, and More

**Accessia Health Foundation** is a premium and copayment assistance foundation for help with out-of-pocket health care costs. Contact them at (800) 366-7741 or online at [www.accessiahealth.org](http://www.accessiahealth.org)

**The Assistance Fund** helps eligible patients with prescription costs. Contact them at (855) 845-3663. To learn more, visit them online at [tafcares.org](http://tafcares.org)

**CancerCare** provides assistance with copays, transportation costs, childcare costs, and other care-related costs. Contact them at (866) 552-6729 or (800) 813-HOPE (4673). Learn more about them at <http://www.cancercares.org/financial>

**Copays** has infrastructure in place to provide assistance to patients with a wide range of cancers. At this time, there are few open funded resources there, but they include cancer genetic testing, cervical cancer, and multiple myelomas. Learn more at <https://copays.org/funds/>

**Expect Miracles Foundation: The Sam Fund** provides grants to cancer survivors ages 21-39. To qualify, individuals must have completed treatment. Funds may be used in various ways, from fertility assistance to college costs. Learn more at <https://expectmiraclesfoundation.org/samfund> or call (617) 938-3484.

**Family Reach** provides financial assistance, counseling, and education to eligible cancer patients and their families. Learn more about them at <https://familyreach.org/financial-edu/>

**Good Days** provides eligible patients assistance with insurance co-pays, transportation, and diagnostic testing assistance. For general information, contact them at (877) 968-7233 or (972) 608-7141. Learn more about them at: [www.mygooddays.org](http://www.mygooddays.org)

**GoodRX** provides free coupons to use at popular pharmacies and save on prescriptions. Visit <https://www.goodrx.com/>

**HealthWell** provides assistance with out-of-pocket health care costs for those who qualify. Contact them at (800) 675-8416 and learn more about them at [www.healthwellfoundation.org](http://www.healthwellfoundation.org)

**Immune Recovery Foundation** supports low- and moderate-income individuals, particularly those of color. Various assistance programs are designed to help patients navigate the healthcare system, especially the burden of medical costs, and find additional support through foundations and passion-driven organizations dedicated to assisting individuals with life-altering and life-threatening disease conditions. The navigation team helps patients identify beneficial regional support groups, clinical trials, diagnostic treatment, insurance premium assistance, free or reduced cost prescription drugs support, medical travel costs aid, and other matters appropriate to patient needs.

<https://immunerecovery.org/patients/apply-now/>

**Mark Cuban's Costplus drugs** is a very inexpensive place for patients to get medications: [www.costplusdrugs.com/medications/tadalafil-5mg-tablet/](http://www.costplusdrugs.com/medications/tadalafil-5mg-tablet/)

**Medicare Savings Programs** help qualifying individuals pay for their Medicare premiums. In some cases, Medicare Savings Programs may also pay for Medicare Part A (Hospital Insurance) and Part B (Medical Insurance) deductibles, coinsurance, and copayment if the individual meets certain conditions.

Individuals apply through their State Medicaid Office, which in Virginia is the Department of Medical Assistance Services (DMAS). To learn more about Medicare Savings Programs, visit [www.medicare.gov/your-medicare-costs/get-help-paying-costs/medicare-savings-programs](http://www.medicare.gov/your-medicare-costs/get-help-paying-costs/medicare-savings-programs)

**Medicine Assistance Tool** is a free service to help individuals find free, or nearly free, prescriptions. Learn more about them at

<https://medicineassistancetool.org/>

**NeedyMeds** is an online resource of programs providing assistance with medication and health care costs. Contact them at (800) 503-6897 and learn more about them at [www.needymeds.org;](http://www.needymeds.org;)

- [Diagnosis-Based Assistance Programs for Cancer – All](#)

**Patient Access Network Foundation (PAN)** helps with out-of-pocket health care costs. Contact them at (866) 316-7263 or <https://www.panfoundation.org/>

**Patient Advocate Foundation** in Hampton provides assistance with copayments, case management, selecting an insurance plan, and interactions with insurance

agencies. Contact them at (757) 952-0118 or (866) 512-3861. Learn more at [www.copays.org](http://www.copays.org)

**RxHope** is a service that helps individuals access discounted prescriptions. Learn more at <https://www.rxhope.com/Patient/Home.aspx>

**RX Partnership** is a local program that helps individuals who are low income and uninsured access discounted and free prescriptions from GSK, Merck, Novartis, Abbvie, and Pfizer. Contact them at (804) 377-1057 and learn more at [www.rxpартnership.org](http://www.rxpартnership.org)

**Together RX Access** provides help those who are uninsured gain access to immediate savings on prescription products at their neighborhood pharmacies. Learn more at [www.togetherrxaccess.com](http://www.togetherrxaccess.com)

**Healthwell Foundation** assists people with health insurance pay their copayments for a wide range of diseases. This includes some cancers, as well as chemo-related neutropenia and some lymphomas. Learn more at <https://www.healthwellfoundation.org/disease-funds/> or call (800) 675-8416.

**Dollar For** helps low- and middle-income patients to apply for financial assistance programs to reduce or eliminate medical bills from non-profit hospitals. They have online guides on checking eligibility, filling out charity care applications, following up, and appealing a denial. They also have a program where the organization prepares and submits the application for you. Learn more at <https://dollarfor.org/> or email [support@dollarfor.org](mailto:support@dollarfor.org).

**Good Doctors Foundation** is a resource for those currently being treated or living in the central Virginia community. They provide financial assistance to pay for healthcare related expenses not covered by insurance or other available funding sources such as insurance premiums, medications, housing to receive treatment, transportation, or medical equipment. Applications must be submitted by a social worker or healthcare provider <https://gooddoctorsfoundation.org/application/>

**Cancer Research Life Foundation** offers a variety of financial assistance for expenses related to treatment. These costs can include airfare, accommodations, expenses related to treatments, and the treatment itself. Please note that upon approval you will be required to present documentation for provided application statements. To apply visit <https://crlfoundation.org/financial-assistance/>

**Cancer-Related Behavioral Health Fund** is a Grant program established to assist individuals in need of cancer-related behavioral health treatments. The Fund

provides financial assistance to individuals with a diagnosis of cancer to help with cost-shares for covered services prescribed by behavioral health providers (psychiatrists, psychologists and licensed social workers). Applicants must be insured residents of the USA with a total household income not to exceed 500% of Federal Poverty Level. Maximum award is \$2000 per year. To apply visit <https://www.healthwellfoundation.org/fund/cancer-related-behavioral-health/>

### Manufacturer Specific RX Programs

#### **AstraZeneca**

800-292-6363, [www.astrazeneca-us.com/medicines/Affordability.html](http://www.astrazeneca-us.com/medicines/Affordability.html)

#### **Bristol-Myers Squibb Patient Assistance Foundation**

800-736-0003, <http://www.bmspaf.org/#home>

#### **Genentech Access Solutions**

866-422-2377, [www.genentech-access.com/hcp](http://www.genentech-access.com/hcp)

#### **Merck**

800-727-5400, [www.merckhelps.com](http://www.merckhelps.com)

#### **Novartis**

862-778-2100, [www.novartis.com](http://www.novartis.com)

#### **Pfizer**

844-989-7284, [www.pfizerRxpathways.com](http://www.pfizerRxpathways.com)

### Mobility & Rehabilitation Equipment

**Friends of Man** for wheelchairs, prostheses, and other medical and mobility equipment (*by social worker referral*). Learn more on their website at [www.friendsofman.org](http://www.friendsofman.org), their phone number is (303)798-2342.

#### **Foundation for Rehabilitation Equipment & Endowment (FREE)**

Contact them at (804) 920-9828, or learn more at [www.free-foundation.org](http://www.free-foundation.org)

## FINANCIAL SERVICES

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### Burial Assistance

**Department of Social Services for Richmond, Virginia** offers General Relief (GR) services, which provide limited financial assistance to individuals and families. Someone who is eligible for assistance from Temporary Assistance for Needy Families (TANF) or Supplemental Security Income (SSI) may be eligible for GR.

You can require burial assistance up to \$500 per burial. Contact them at (855) 635-4370 or call 3.1.1.; access the application online at [www.rva.gov/social-services/esi-general-relief-gr](http://www.rva.gov/social-services/esi-general-relief-gr)

**Medicaid**, once applied for and received, allows you to set aside funds to pay for your or your spouse's funeral and burial expenses and not have these funds counted. Contact them at (804) 786-7933, or complete the online application at: [www.coverva.org/apply/](http://www.coverva.org/apply/)

**Lincoln Heritage Funeral Advantage and Lincoln Heritage Life Insurance Company** offers Burial Insurance, also called funeral or final expense insurance. It is essentially a life insurance policy, but with a much smaller benefit amount than traditional life insurance. It is usually purchased to cover final arrangements, but can also be used to pay the deceased's debts, including medical bills, credit card bills, mortgage loans, and personal loans. For more information call them at (800) 438-7180, or visit them online at [www.lhlic.com/free-quote/](http://www.lhlic.com/free-quote/)

**Cremation Society of Virginia** provides prepaid and at-need cremation services for families and individuals in the Richmond area. Our experienced team has the training and know-how to help you choose the cremation and funeral services that are right for your family and loved ones. Cremation is increasing in popularity because it offers a cost-effective and environmentally sensitive way to remember your loved ones at a fraction of the cost of a typical funeral or memorial service. Prepaid cremation services allows you to get the cremation and memorial services you want and saves your family the time and expense of handling the details after your passing. Cremation preplanning gives your family the gift of remembering you without worrying about how they will pay for your cremation or funeral expenses or having to focus on those details when they would rather be celebrating your life. The office is bilingual, and ready to assist both Spanish-speaking and English-speaking families. (804) 494-5848  
[https://virginiacremate.com/locations/richmond-cremation?utm\\_source=gmb&utm\\_medium=organic&utm\\_campaign=web-button-5083](https://virginiacremate.com/locations/richmond-cremation?utm_source=gmb&utm_medium=organic&utm_campaign=web-button-5083)

## **Debt, Bankruptcy, & Budgeting Services**

***Also See Mortgage, Eviction, & Housing Rights Above***

**CCCS MD** is a 50+ year old non-profit that provides individual financial counseling and education. They specialize in credit and debt counseling, housing counseling, including rental and foreclosure prevention, reverse mortgage counseling,

bankruptcy, student loan debt, and medical debt. Contact them at (800) 642-2227, or visit them online at [www.cccsmd.org](http://www.cccsmd.org)

**Cancer Financial Assistance Coalition (CFAC)** is a group of organizations helping cancer patients manage their financial challenges. Visit them at [www.cancerfac.org](http://www.cancerfac.org)

**Clearpoint Credit Counseling Solutions** provides counseling for credit, debt management, housing foreclosure prevention, bankruptcy, student loans, and more. Contact them at (800) 750-2227, or online at [www.clearpoint.org](http://www.clearpoint.org)

**Care Connect USA** assists with credit card and medical bills by contacting creditors and reducing amounts owed. Contact the Debt Relief Hotline at 888-790-1337, or the Bankruptcy Relief Hotline at (888) 734-2585. Learn more online at [www.careconnectusa.org](http://www.careconnectusa.org)

**Triage Cancer** provides a free toolkit and reference information for navigating finances after cancer (including insurance, employment, education, family building, genetic testing, medical bills & financial resources). Learn more online at <https://triagecancer.org/> or call (424) 258-4628.

**Dollar For** helps low- and middle-income patients to apply for financial assistance programs to reduce or eliminate medical bills from non-profit hospitals. They have online guides on checking eligibility, filling out charity care applications, following up, and appealing a denial. They also have a program where the organization prepares and submits the application for you. Learn more at <https://dollarfor.org/>

## Child Support

**Child Support Enforcement Hotline** provides support by locating parents, establishing paternity, identifying support obligations, and enforcing those obligations. Call them at (202) 401-9373, or visit them online at [www.acf.hhs.gov/ecd/office-child-support-enforcement](http://www.acf.hhs.gov/ecd/office-child-support-enforcement).

## Student Loans

**Student Loan Relief Hotline** provides support in reducing monthly payments, consolidating loans, and considering all options. Call them at (888) 699-5772, or visit them online at [www.careconnectusa.org/student-loan-relief/](http://www.careconnectusa.org/student-loan-relief/)

## Tax Assistance

The [Community Tax Law Project \(CTLP\)](#) ensures the fairness and integrity of the tax system by providing free legal representation to low-income Virginia taxpayers in tax disputes, educating taxpayers about their rights and responsibilities, and advocating for issues that impact low-income taxpayers. Call them at (804) 358-5855 or visit them online at [www.ctlp.org](http://www.ctlp.org)

**IRS – Free Tax Return Preparation for Qualifying Tax Payers** The IRS's Volunteer Income Tax Assistance (VITA) and Tax Counseling for the Elderly (TCE) programs offer free basic tax return preparation to qualified individuals. Visit

<https://www.irs.gov/individuals/free-tax-return-preparation-for-qualifying-taxpayers>

VITA sites offer free tax help to people who need assistance in preparing their own tax returns, including:

- People who generally make \$60,000 or less
- Persons with disabilities; and
- Limited English-speaking taxpayers

## GENERAL FINANCIAL ASSISTANCE

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### Grants and financial assistance for flexible or multiple needs

**Dayforce Cares US** is committed to being an employee-driven charity that makes a difference where we live and work in the United States. To that end, Dayforce Cares intends to make grants to eligible recipients, ranging from \$200 to \$5,000, to support people in need and to improve our communities. Their main focus is on helping people and families get access to basic necessities like food, clothing, and shelter, as well as items that support their physical and emotional well-being. To apply visit <https://www.dayforcecares.com/application>

**Cancer Cartel Warrior Grant** provides grants to cancer patients in the USA who are either in active treatment or have had cancer treatment within the last 12 months. This national grant program offers funding for unmet expenses, including housing, household expenses, food, travel (fuel/lodging), and childcare. Starting in **January, the grant will open at 9 am PST on 1/2/25**; submissions will only be accepted from social workers, case managers, or patient navigators. If you want to be considered for a grant, please share our website with your case manager/social worker/patient navigator. <https://cancercartel.org/new-page-20>

**Cap Up (Capital Partnership Uplifting People)** for Richmond area emergency financial assistance (rent/mortgage, utilities, food, health), employment services (coaching, networking), Food Buying Club (food pantry services), and senior centers. Contact them at (804) 788-0050, [www.capup.org](http://www.capup.org)



**Modest Needs** offers grants to low-income workers for unexpected or emergency expenses including, but not limited to, medical costs not covered by insurance, home appliances, uniform or tool cost for returning to work, adoption fees, etc., Modest Needs makes non-cash payments directly to vendors on behalf of clients. Policies prohibit our sending cash directly to an applicant, so unfortunately, we cannot help applicants to afford, for example, the cost of groceries or gas, the cost of covering an overdraft in an applicant's bank account, or the cost of repaying a payday loan. **To qualify**, at least one adult member of the applicant's household **needs to be verifiably employed** and the primary (largest) source of income for each applicant's household must be either income earned **from employment; or child support payments; or Veteran's Benefits; or retirement income (including Social Security retirement benefits)** Visit their website <https://www.modestneeds.org/mn/for-applicants/faq/for-applicants> to submit an application.

**Mom Bomb Grant Program** is a national nonprofit organization that provides mothers or fathers in the USA facing financial hardship due to serious illness like cancer with grants to help with household expenses including meals, childcare, housecleaning and laundry services. To apply visit <https://cancercarenews.com/more-cancer-freebies/grants/>

**Help Me Bounce by Spare Key Grants** for families in the USA experiencing financial hardship due to critical medical illness. The "Help Me Bounce" program is a public crowdfunding initiative of Spare Key. This program allows Spare Key to provide grants on behalf of families by using new technology platforms, social media, and other marketing and communication tools. All applicants must work with their hospital social worker, who will provide proof of health status. 100% of donations go to the recipient. Eligibility is based on funding and demonstrated financial need. To apply visit. <https://www.helpmebounce.org/apply-for-aid>

**Salvation Army Central Virginia** Provides rent or utility assistance to individuals in need. Decisions are issued within 3-5 business days. Assistance is available in the following areas: Richmond City, Henrico, Colonial Heights, Dinwiddie, Hopewell, Petersburg, and Prince George. Apply for help at the following link: <https://southernusa.salvationarmy.org/centralvirginia/get-help/>

**Cancer Option Collaborative (The COC) offers the "Dollars Allocated To Assist" (DATA) program** to connect active treatment cancer patients to established resources in the area where they live. Should none be identified, the program

works to provide assistance to prevent eviction, utility disconnect, car repos, and more. Applicants must be in active treatment and have a need that is the result of being actively treated. To apply

<https://docs.google.com/forms/d/e/1FAIpQLSdRO6Z65I4CQ006sFLuXI1FFVKzMWPzwdtMX2pMSouZkDBdrA/viewform?fbclid=IwAR0Vyghug04kPDdVwQ5otcpaN5JU0NTtE0qorChR9rbfNkBESvu200feJns>

**Fight 4 Cure Inc's Patient Aid grants** offer one-time \$100 grants opening on August 15<sup>th</sup> until fully subscribed. Eligibility requirements include being a U.S. citizen or permanent resident and reside in the U.S.; must have a confirmed cancer diagnosis; must be in active treatment, scheduled to begin treatment, or in follow up care (3 years or less); must not have received this grant in the past. For more information and to apply <https://www.fight4cure.org/financial-services>

**Bright Spot Network** provides small grants of up to \$500 to help with a wide range of issues, including basic living expenses, transportation, child-related expenses, supplementing lost income, medical costs, and other health and wellness-related needs. Applications are reviewed monthly. *Grants are temporarily paused with plans to reopen in early 2025.*

To qualify you must:

- Currently be in treatment for cancer or within 1 year of ending treatment
- Be pregnant or the primary guardian or caregiver for a child 0-6 years old.

<https://www.brightspotnetwork.org/bright-grants>

**The VCS Cancer Foundation** supports cancer patients in Northern Virginia struggling with everyday living expenses so that they can focus on their health and well-being, not their finances. They provide financial assistance for non-medical expenses while patients are receiving active cancer treatment. Visit their page at <https://www.vcscancerfoundation.org/rainy-day-gift-program>

## EMPLOYMENT ISSUES

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### Taking Time off Work

**The Family and Medical Leave Act (FMLA)** gives eligible employees the right to up to 3 months of unpaid, job- and health-benefit protected leave per year. Even if you do not qualify for FMLA, you may be eligible for medical leave under state law or the rules of your specific employer. You may check with your company's human resource representative or one of these organizations:

- **Cancer Legal Resource Center** (“CLRC”) for advice regarding all cancer legal resources including medical leave. Contact them at (866) 843-2572, or learn more at [www.thedrlc.org/cancer](http://www.thedrlc.org/cancer)
- **Department of Labor**, Family Medical Leave Act for the FMLA. Call them at (866) 487-9243, or learn more online at [www.dol.gov](http://www.dol.gov)

## Staying Employed During & After Medical Treatment: Exhausting Medical Leave or Sick Time

Some cancer patients may opt to continue working during treatments, others may need flexible schedules, and some need time off. Workers may be protected, depending on the size of their employer, by: (1) the FMLA described above, (2) the Americans with Disabilities Act (the “ADA”), and/or (3) the fair employment laws of certain states for employees with disabilities at very small businesses.

**Equal Employment Opportunity Commission (EEOC)** for the Americans with Disabilities Act. Contact them at (800) 669-4000, or online at [www.eeoc.gov](http://www.eeoc.gov)

**Job Accommodation Network** is a strong non-profit for answering questions about workplace accommodations for disabilities or the ADA. Contact them at: (800) 526-7234, TTYL: (877) 781-9403, or online at [www.askjan.org](http://www.askjan.org)

**Cancer Legal Resource Center (CLRC)** for advice regarding all cancer legal resources including medical leave. Contact them at (866) 843-2572, or online at [www.thedrlc.org/cancer](http://www.thedrlc.org/cancer)

## Applying for a Job with a History of Cancer

**Cap Up (Capital Partnership Uplifting People)** provides employment services such as workforce development training, coaching and networking as well as other food, childcare and senior citizen services. Contact them at (804) 788-0050, or online at [www.capup.org](http://www.capup.org)

**Community Foundation’s Connect VA** has a current listing of employment opportunities posted by nonprofit, government, and other community organizations. Contact them online at [www.connectva.org](http://www.connectva.org) or email [connectva@cfrichmond.org](mailto:connectva@cfrichmond.org).

**Cancer & Careers** is a strong non-profit supporting employment from free resume review and back to work advice to job search resources. Contact them at (646) 929-8032, or visit them online at [www.cancerandcareers.org](http://www.cancerandcareers.org)

**Salvation Army Family Services for Richmond** provides job-training services. Contact them at (804) 225-7470, or visit them online at <https://www.salvationarmyusa.org/usn/assist-the-unemployed/>

**Virginia Department of Aging & Rehabilitative Services** provides information and access to vocational rehabilitation for individuals with disabilities. Contact them at (804) 662-7000, or learn more online at <https://www.dars.virginia.gov/drs/vr/>

**Virginia State job listings** are posted online at [www.jobs.virginia.gov](http://www.jobs.virginia.gov)  
**Virginia Career Works** is an excellent resource for anyone living in Virginia who needs assistance to find a job. They provide job boards, job training, resume help, access to printing and internet services, Disability and ADA friendly services, career change ideas, free GED testing, hiring events, and much more. They have in person career centers throughout the state. Find them online and navigate to the “Job Seekers” section <https://virginiacareerworks.com/>

## HOUSING

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### Finding Local Housing

**VirginiaHousingSearch.com** is a free resource to help you find a home that fits your needs and budget. Property providers can list apartments or homes for rent any time, which means that our list is always current. Visit <https://virginiahousingsearch.com/> or for additional assistance, call 1-877-428-8844 (toll free) Monday-Friday, 9 a.m. - 8 p.m.

**City of Richmond Office on Aging and Disability Services, Rent Relief for Immigrant Families** - The City of Richmond's Office of Multicultural Affairs offers a program to provide rent and mortgage assistance to non-citizen and mixed immigration status households in Richmond. This program is designed to support those Richmonders excluded from federal assistance due to their immigration status. To assist as many households as possible, funds per household will be limited to \$1,500, or up to two months of rent, whichever is less. This support program is intended to aid households who are having trouble paying rent due to the impact of the COVID-19 pandemic. Applicants who have not received any other cash assistance throughout the pandemic will be given priority. Contact them at (804) 646-0145.

**Housing Resource Line.** The Housing Resource Line is a program of the Partnership for Affordable Housing. The organization will connect people to

needed housing-related resources in the Richmond area. These resources include: Locating rental housing, rental payment assistance, utility payment assistance, emergency assistance, home rehab and repair, housing discrimination, credit counseling, homebuyer education, down payment assistance, foreclosure prevention, and first-time mortgage. Must meet AMI income guidelines to qualify. Contact them at (804) 422-5061.

**Dial “2-1-1”** for utilities, rent, mortgage, and other human and social service assistance. 2-1-1 Virginia is a service of the Virginia Department of Social Services that connects people with free information on available community services. When you dial 2-1-1, a trained professional listens to your situation and suggests sources of help using one of the largest databases of health and human services in Virginia.

**Commonwealth Catholic Charities for Homeless Services.** This organization also maintains a list of affordable, market-rate housing. Contact them at (804) 648-4177, or online at [www.cccofva.org](http://www.cccofva.org). To access their list of affordable and subsidized housing in Richmond, VA click here:

<C:\Users\Intern\Downloads\affordable housing in RVA.pdf>

**Daily Planet - Medical Respite** is provided at its health center located at 180 Belt Boulevard in Richmond. This respite is provided in a 10-bed facility designed to provide convalescent care upon hospital discharge for adults who do not have appropriate living arrangements to support recuperation. It provides 24-hour staff supervision, with the ultimate goal of establishing a medical home and attaining stable housing. The discharging facility can refer the patient to the Medical Respite facility. This process generally takes 24 hours. For more information about the Medical Respite, call Andre Young, RN, at (804) 292-3030, extension 318.

**Home Again** provides over 160 beds and support services for homeless men, women, and children, as well as scattered apartments for men, women, and children for transitional housing. Contact them at (804) 972-0813, or at [www.homeagainrichmond.org](http://www.homeagainrichmond.org)

**Homeless Crisis Line by Caritas** assists individuals who are 3 days (or less) away from losing housing, or are already experiencing homelessness. This phone line facilitates access to resources and shelter alternatives (804) 972-0813. Learn more online at <https://www.caritasva.org/get-help/get-shelter/>

**Homeward** features a list of resources for people experiencing homelessness, including law enforcement, shelter information, mental health resources, and

more. Call them at (804) 343-2045 visit them online at

<http://homewardva.org/get-involved>

**Housing Choice Voucher Program** allows qualifying prospective tenants to select from a wider range of housing options, as opposed to being limited to designated housing projects. The tenant pays the landlord a percentage of their monthly income towards the rent, with the voucher subsidizing the remainder. Toll Free: 877-VHDA-123; Local: 804-782-1986

**Housing Families First** has the Hilliard House Shelter to house eligible homeless families and the Building Neighbors Program to facilitate permanent housing. Contact them at (804) 236-5800, or visit them online at

[www.housingfamiliesfirst.org/](http://www.housingfamiliesfirst.org/)

**Resources for Independent Living** is the Richmond area Center for Independent Living (CIL) assisting individuals with severe disabilities to obtain housing services, transportation, and personal care attendance. Contact them directly at (804) 353-6503, or learn more online at [ril.va.org](http://ril.va.org)

**Richmond Redevelopment and Housing Authority** RRHA provides homes for low-income families, seniors, and the disabled. Contact them at (804) 780-4200 or learn more online at [www.rrha.com](http://www.rrha.com)

**VHDA (Virginia Housing & Development Authority) Affordable Housing** offers affordable housing opportunities. Learn more by visiting them online at [www.virginiahousing.com](http://www.virginiahousing.com) or call (804) 782-1986.

**United Way** provides financial assistance, as well as many more supportive services. Contact them at (804) 771-5820, or by dialing 2-1-1. Learn more at [www.unitedway.org](http://www.unitedway.org)

**U.S. Department of Housing and Urban Development** offers an online search to local housing counseling services. Search for a program in your area at <https://hudgov-answers.force.com/housingcounseling/s/> or call them at (202) 708-1112.

**Virginia Easy Access** has a service finder tool that helps individuals locate resources within their community. Individuals pick the county or city to find topics in that area including housing options, in-home services, transportation programs, and more. Access the search finder tool online at <https://easyaccess.virginia.gov/service-finder>.

**Virginia Supportive Housing** provides rental assistance, case management, and resources to help people who are chronically homeless (living on the street for at

least a year). Contact them at (804) 788-6825,  
<http://www.virginiasupportivehousing.org/>

## Mortgage, Eviction Issues, & Housing Rights

**Care Connect USA** provides mortgage payment assistance by providing counselors to work with mortgage companies for missed payments and helps avoid foreclosure. Contact the mortgage payment hotline at (888) 770-7312, or visit them online at [www.careconnectusa.org](http://www.careconnectusa.org)

**Commonwealth Catholic Charities (CCC)** offers the Housing & Financial Counseling Program, which provides free mortgage delinquency counseling to anyone who is behind on their mortgage payments to help them with a plan to either retain their housing or transition. Limited assistance may be available, depending on the programs funding. Contact them at (804) 285-5900, or learn more online at [www.cccofva.org/housing-and-financial-counseling](http://www.cccofva.org/housing-and-financial-counseling)

- **CCC Financial Assistance:**
  - Waitlist: call or email HELP Line | 804.285.5986 or [hfcsupport@cccofva.org](mailto:hfcsupport@cccofva.org)
    - Funding is available to help with rent, mortgage, or utilities. Rent/Mortgage Max amount is \$500, Utility Max amount is \$300.
    - Expected wait time is about 15-20 days from the date an intake is submitted.
      - Available now EFSP Funding R(rent) M(mortgage) U(utility)
        - Richmond City (R/M/U)
        - Henrico County (R/M/U)
        - Petersburg (R/M/U)
        - Roanoke (U)
        - Hanover (R/M/U)
        - Chesterfield (R/M/U)
        - Col Heights (R/M/U)
        - Dinwiddie (R/M/U)
  - Education Opportunities
    - Rental Education – offered bi-monthly
    - Financial Fitness – offered Monthly
    - Budgeting, financial management, savings, creating wealth

**Hawthorne Cancer Foundation** is a Richmond based non-profit that provides monetary grants to individuals for a wide range of needs including food, shelter, transportation, and living expenses, but NOT medical bills. Applications must be submitted by healthcare professional. Contact them at (804) 483-6136, or online at [www.hawthornecancerfoundation.org](http://www.hawthornecancerfoundation.org)

**HOME (Housing Opportunities Made Equal) of Virginia** provides homeowner mortgage assistance. Contact them at (804) 354-0641, or online at [www.homeofva.org](http://www.homeofva.org)

**Homeownership Preservation Foundation** provides free help tailored to your unique financial circumstances. Contact them at (888) 995-HOPE, or online at [www.995hope.org](http://www.995hope.org)

**Housing Counseling Agency** provides discounted services to help organize finances and mortgages and represents homeowners in negotiations with lenders.

Contact them at (800) 569-4287, or online at [www.hud.gov/homeownerhelp](http://www.hud.gov/homeownerhelp)

**U.S. Department of Housing and Urban Development** offers an online search to local housing counseling services. Search for a program in your area at

<https://hudgov-answers.force.com/housingcounseling/s/>

**Virginia Eviction Legal Hotline (VA Poverty Law)** has resources and help for tenants. Contact them at (833) 663-8428, or online at [www.reduceevictions.org](http://www.reduceevictions.org)

**Eviction Defense Center (VA Poverty Law Center)** offers an easy-to-use online tool that offers self-help legal information to help those who cannot afford an attorney. Help is also available in Spanish.

<https://www.evictiondefensecenter.org/>

## UTILITY & HOME EXPENSE ASSISTANCE

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**Housing Resource Line** is a program of the Partnership for Affordable Housing. The organization will connect people to needed housing-related resources in the Richmond area. These resources include: Locating rental housing, rental payment assistance, utility payment assistance, emergency assistance, home rehab and repair, housing discrimination, credit counseling, homebuyer education, down payment assistance, foreclosure prevention, and first-time mortgage. Individuals must meet AMI income guidelines to qualify. Contact them at (804) 422-5061.



**Cap Up (Capital Partnership Uplifting People)** for Richmond area emergency financial assistance (rent/mortgage, utilities, food, health), employment services (coaching, networking), Food Buying Club (food pantry services), and senior centers. Contact them at (804) 788-0050, or online at [www.capup.org](http://www.capup.org)

**Commonwealth Catholic Charities (CCC)** assists individuals in the following locations with rent (R), mortgage (M), and utility (U) payments through EFSP funding:

- Richmond City (R/M/U)
- Henrico County (R/M/U)
- Petersburg (R/M/U)
- Roanoke (U)
- Hanover County (R/M/U)
- Chesterfield (R/M/U)
- Colonial Heights (R/M/U)
- Dinwiddie (R/M/U)

(Max assistance: R/M: \$500, U: \$300)

There is a waitlist, so call or email the CCC Help Line at 804.285.5986 or [hfcsupport@cccova.org](mailto:hfcsupport@cccova.org) for assistance. (The expected wait time is about 15 – 20 days from the date an intake is submitted.)

**Cancer Option Collaborative (The COC) offers the “Dollars Allocated To Assist” (DATA)** program to connect active treatment cancer patients to established resources in the area where they live. Should none be identified, the program works to provide assistance to prevent eviction, utility disconnect, car repos, and more. Applicants must be in active treatment and have a need that is the result of being actively treated. To apply

<https://docs.google.com/forms/d/e/1FAIpQLSdRO6Z65l4CQ006sFLuXl1FFVKzMWpzwdtMX2pMSouZkDBdrA/viewform?fbclid=IwAR0Vyhug04kPDdVwQ5otcpaN5JU0NTtE0qorChR9rbfNkBESvu200feJns>

**Chesterfield Colonial Heights Department of Social Services** assists with providing for financial emergencies such as funds for heating and utility bills, rent/mortgage assistance, auto repair, prescription medicine, and more. Contact them at (804) 796-3715, or online at [www.cchasm.org/financial-assistance](http://www.cchasm.org/financial-assistance)

**EnergyShare & PIPP**, are programs of the energy company Dominion Resources. They provide bill assistance for qualified customers facing financial hardship and Percentage of Income Payment options. The programs includes bill pay assistance, as well as free weatherization and energy-saving upgrades. Contact

them at (888) 366-8280, or online at

[www.dominionenergy.com/virginia/billing/billing-options/energyshare](http://www.dominionenergy.com/virginia/billing/billing-options/energyshare)

**Hawthorne Cancer Foundation** is a Richmond-based non-profit that provides monetary grants to individuals for a wide range of needs, including food, shelter, transportation, and living expenses, but NOT medical bills. Applications must be submitted by a social worker or healthcare professional. Contact them at (804) 483-6136, <https://www.thehawthorne.org/grants>

**National Energy Assistance Referral (NEAR)** assists with energy costs and energy related home repairs. Contact them at (866) 674-6327, or learn more at [National Energy Assistance Referral | The LIHEAP Clearinghouse \(hhs.gov\)](http://NationalEnergyAssistanceReferral.org)

**Low Income Household Energy Assistance Program (LIHEAP)** helps keep families safe and healthy through initiatives assisting with energy costs. They provide federally funded assistance in managing costs associated with home energy bills, energy crises, weatherization, and energy-related minor home repairs.

*Contact Ms. Denise Surber, interim EAP Manager at VDSS, Energy Assistance Program, for assistance at (804) 726-7386, or email her at [denise.t.surber@dss.virginia.gov](mailto:denise.t.surber@dss.virginia.gov). You can also call (800) 230-6977.*

**Senior Connections the Capital Area Agency on Aging** provides information and resources to support older adults with community living. Contact them at (804) 343-3000, or learn more at [www.seniorconnections-va.org](http://www.seniorconnections-va.org)

**SERCAP** programs are focused on bringing clean, safe drinking water and environmentally sound wastewater facilities to low-to-moderate income rural communities and minority populations, especially when they have been overlooked by other groups and organizations. <https://sercap.org/about>

**St. Mary's Catholic Church** provides food pantries and utility support. Contact them at (804) 740-4044, or learn more at [www.stmarysrichmond.org](http://www.stmarysrichmond.org)

**Virginia Department of Social Services' Energy Assistance (EA)** helps eligible low-income households offset expenses associated with heating and/or cooling their home. Contact them at (800) 552-3431, or learn more at [www.dss.virginia.gov/benefit/ea/index.cgi](http://www.dss.virginia.gov/benefit/ea/index.cgi)

**Virginia Easy Access** has a service finder tool that helps individuals locate resources within their community. Individuals pick the county or city to find topics in that area including housing options, in-home services, transportation programs, and more. Access the search finder tool online at <https://easyaccess.virginia.gov/service-finder>.

**Good Doctors Foundation** is a resource for those currently being treated or living in the central Virginia community. They provide financial assistance to pay for healthcare related expenses not covered by insurance or other available funding sources such as insurance premiums, medications, housing to receive treatment, transportation, or medical equipment. Applications must be submitted by a social worker or healthcare provider

<https://gooddoctorsfoundation.org/application/>

**National Cancer Assistance Foundation** – can provide financial assistance money (See “Paying For Medical Care,”)

**Vital Options International Selma Schimmel Vital Grant** – Will provide monetary support for either utility bills or groceries. The grant program will assist those facing a significant financial hardship due to the diagnosis of a chronic, terminal or rare condition such as cancer, Parkinson’s, Huntington’s Disease or many others. To submit an application, follow the link and click the “Apply for Assistance Here” button at the bottom of the page

<https://www.vitaloptions.org/assistance>

**Fredericksburg Regional Continuum of Care (CoC)** offers a list of utility assistance resources for Caroline, Fredericksburg, King George, Spotsylvania, and Stafford. <https://www.micahfredericksburg.org/wp-content/uploads/2016/11/CoC-Utility-Assistance-Resources-161024.pdf>

## Home Care Support Services

**Amramp** is a for-profit organization that helping people with mobility concerns to live better lives everyday by eliminating accessibility barriers through wheelchair ramps, stair lifts, lifts, and other modifications. Call (888) 715-7598 to be connected to the Amramp location in your area.

**Caregivers.com** is a national electronic resource to find a caregiver for the home. Visit them online at [www.caregivers.com](http://www.caregivers.com)

**Commonwealth Catholic Charities** is a non-profit providing care coordination and independence services for older adults and people with disabilities. Contact them at 804-285-5900, or learn more at [www.cccofva.org](http://www.cccofva.org)

**Instructive Visiting Nurse Association (IVNA)** provides reduced cost home health care and case management for individuals who are uninsured or under-insured at a lower cost. Contact them at (804) 355-7100

**Jewish Family Services** provides home care services, companion services, and care management. Contact them at (804) 282-5644, or at [www.jfsrichmond.org](http://www.jfsrichmond.org)

**Project: HOMES** serves older adult, disabled, and low-income residents with home repair, weatherization, indoor plumbing and rehabilitation, multi-family housing, homeownership assistance, minor home repairs, and accessibility improvements, such as wheelchair ramps. Contact them at (804) 233-2827, or visit them online at [www.ProjectHomes.org](http://www.ProjectHomes.org)

**Rebuilding Together Richmond** is a regional affiliate of the national Rebuilding Organization. The organization provides home improvements and safety and wellness enhancements for neighbors in need. Service area is Richmond, Henrico, Chesterfield, Petersburg, and Hopewell. Learn more at [www.rtrva.org](http://www.rtrva.org) or call (804) 447-3841.

**Resources for Independent Living** is the Richmond area Center for Independent Living (CIL) assisting individuals with severe disabilities to obtain housing services, transportation, and personal care attendance. Contact them directly at (804) 353-6503, or learn more online at [ril.va.org](http://ril.va.org)

**Senior Connections, the Capital Area Agency on Aging**, coordinates a variety of support, some of which may be free, including insurance counseling, care coordination, and support to stay home for older adults. Contact them at (804) 343-3000, or learn more at [www.seniorconnections-va.org](http://www.seniorconnections-va.org)

#### **USDA – Rural Development U.S. Department of Agriculture**

**Single Family Housing Repair Loans & Grants in Virginia Section 504 Home Repair Program** provides loans to very-low-income homeowners to repair, improve, or modernize their homes, or grants to very-low-income older adult homeowners to remove health and safety hazards. Learn more at [www.rd.usda.gov/programs-services/single-family-housing-repair-programs](http://www.rd.usda.gov/programs-services/single-family-housing-repair-programs)

**Virginia Easy Access** has a service finder tool that helps individuals locate resources within their community. Individuals pick the county or city to find topics in that area including housing options, in-home services, transportation programs, and more. Access the search finder tool online at <https://easyaccess.virginia.gov/service-finder> or call (888) 992-0959.

**Virginia Housing Accessibility Grants** administers up to \$8,000 to foster independence and provide assistance for those in need of barrier-free housing. Typical modifications include installing ramps and chairlifts, installing remote entry devices, modifying bathrooms and kitchens, and widening doorways and sidewalks. Owner-Occupied and Rental Unit Accessibility Modifications requires income is 80% or less than the area median income based on HUD guidelines. <https://www.virginiahousing.com/en/accessibility-grants#OwnerOccupiedGrant>

## Cleaning Services

**Cleaning for a Reason** is a non-profit that provides information on local cleaning agencies that provide services at reduced prices, or for free, to eligible cancer patients. Contact them at (877) 337-3348, or at [www.cleaningforareason.org](http://www.cleaningforareason.org)

## Cellular/Internet

**The Affordable Connectivity Program** is an FCC benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more. The benefit provides a discount of up to \$30 per month toward internet service for eligible households and up to \$75 per month for households on qualifying Tribal lands. Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute more than \$10 and less than \$50 toward the purchase price. The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household. Learn more at [www.fcc.gov/acp](http://www.fcc.gov/acp)

# MEDICAL SERVICES

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## Free Clinics

Clinics offer a variety of health care services, including medical, dental, vision, mental health, and pharmacy services. However, not all clinics offer all services and not all areas of Virginia have a free, or charitable, clinic. Clinics are independent, nonprofit, volunteer-driven, and community-based organizations. Each clinic sets its own eligibility requirements and guidelines, and all must be contacted directly for help. Learn more about these clinics at [www.vafreeclinics.org/clinics-in-virginia](http://www.vafreeclinics.org/clinics-in-virginia) or call (804) 340-3434.

## Caregiver Support

**Livestrong Foundation** has a specialized website for tools, including a special application, helpful for caregivers. Contact their hotline at (855) 220-7777, or access their information at [www.livestrong.org/we-can-help/caregivers](http://www.livestrong.org/we-can-help/caregivers)

## Clinical Trials

**National Cancer Institute (NCI)** sponsors most government funded cancer clinical trials. NCI has a list of active studies, as well as some privately funded studies. Contact them at 800-4-CANCER (800-422-6237), or visit [www.cancer.gov/clinicaltrials](http://www.cancer.gov/clinicaltrials)

**National Institutes of Health (NIH)** has an even larger database of clinical trials and can be found at [www.clinicaltrials.gov](http://www.clinicaltrials.gov)

**Center Watch** is a publishing and information services company that keeps a list of both industry sponsored and government funded clinical trials for cancer. Learn more at [www.centerwatch.com](http://www.centerwatch.com) or call (703) 538-7600.

**Private Companies** (such as pharmaceutical or biotechnology companies) may list studies they sponsor on their websites, or offer toll-free numbers to call.

## Dental

**Crossover Healthcare Ministry** provides a dental clinic. Learn more at [www.crossoverministry.org/programs-services/](http://www.crossoverministry.org/programs-services/)

**St. Mary's Catholic Church** offers a dental clinic in partnership with VCU. Contact them at (804) 740-4044, or online at [www.stmarysrichmond.org](http://www.stmarysrichmond.org)

**Virginia Dental Association Foundation – Donated Dental Services (DDS) Program** provides comprehensive treatment to eligible patients (not emergency services). Individuals must have a permanent disability, be 55+ years of age, or qualify as medically fragile. Learn more at <https://dentallifeline.org/virginia/> or contact Julie Ericksen, DDS Coordinator, at 804.523.2182 or by email at [Ericksen@vadental.org](mailto:Ericksen@vadental.org)

## Applying for Medicaid

**American Council on Aging** offers free assistance with applying for Medicaid. [www.medicaidplanningassistance.org/how-to-apply-for-medicaid/](http://www.medicaidplanningassistance.org/how-to-apply-for-medicaid/)

### Medicaid/Insurance (Navigators) Contacts –

- **Carla Torres-Barrera**, Health Care Navigator, Team Coordinator, (804) 200-6035, [carlatb@cvas.org](mailto:carlatb@cvas.org)
- **Norma Ryan**, FAMIS Medicaid Application Specialist (assists individuals 0 to 64 ONLY), (804) 955-9578, [norma@vhcf.org](mailto:norma@vhcf.org)

## Fertility & Cancer

**Livestrong Foundation** has free personalized cancer support. Contact them at (855) 844-7777, or online at [www.livestrong.org/what-we-do/program/fertility](http://www.livestrong.org/what-we-do/program/fertility)

**Shady Grove Fertility** is a nationally recognized fertility clinic with a Richmond office that can be reached at (804) 256-2986. Learn more at [www.shadygrovefertility.com/trying-to-conceive/cancer](http://www.shadygrovefertility.com/trying-to-conceive/cancer)

## Medical Clinics

**ACCESS NOW** provides a local, free medical clinic specialty care and management. Contact them at (804) 622-8145, or learn more at [www.accessnowrva.org](http://www.accessnowrva.org)

**Cross Over Healthcare Ministry** has free and income based medical and mental health services. Contact them at (804) 521-8263, or at [www.crossoverministry.org](http://www.crossoverministry.org)

**Free Clinics** lists all free and income based clinics in your area. Visit them online at [www.freeclinics.com/cit/va-richmond](http://www.freeclinics.com/cit/va-richmond)

**Virginia Association of Free and Charitable Clinics** lists these clinics in Virginia. They can be contacted at (804) 340-3434, or online at [www.vafreeclinics.org/](http://www.vafreeclinics.org/)

## Transplants

**National Foundation for Transplants** provides fundraising assistance for patients needing transplants, including bone marrow and stem cell transplants. Contact them at (800) 489-3863. Learn more at [www.transplants.org](http://www.transplants.org)

**National Bone Marrow Transplant Link** can be contacted at (800) 546-5268, or at [www.nbmtlink.org](http://www.nbmtlink.org)

## PEDIATRIC SERVICES

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**ASK** is a local non-profit supporting children with cancer. Contact them at (804) 658-5910, [www.askccf.org](http://www.askccf.org)

**Camp Kesem** has free summer camps that support children through a parent's cancer in locations throughout the United States. Contact them at (253) 736-3821, or learn more at <https://campkesem.org>

**Chai Lifeline** has programs offering emotional, social, psychological, and financial assistance to families living with pediatric illness or loss. (410) 205-2085, [www.chailifeline.org](http://www.chailifeline.org)

**Comfort Zone Camp** has free summer camps for grieving children. Contact them at (804) 377-3430, or learn more at [www.comfortzonecamp.org](http://www.comfortzonecamp.org)

**Connor's Heroes** provides assistance with services such as meals and yard work, as well as financial help such as provision of gas cards, to families experiencing pediatric cancer. Contact them at (804) 897-1272, [www.connorsheroes.org](http://www.connorsheroes.org)

**Heroes For Kids** provides character visits to kids in children's Hospitals and in home care. We also provide goods such as Coloring books/supplies/toys and more. "Happiness is only a HERO away" Contact at (804)228-1310 for additional contact info visit [www.heroesforkids.net](http://www.heroesforkids.net)

**Life with Cancer** provides FREE counseling, education, and support groups predominantly in Northern Virginia. Contact them at (703) 206-5433, or online at [www.lifewithcancer.org/get-help/children-teens-and-cancer/](http://www.lifewithcancer.org/get-help/children-teens-and-cancer/)

**Ronald McDonald House** provides reduced housing for pediatrics throughout the United States. Contact their local office at (804) 355-6517, or visit them online at [www.rmhc-richmond.org](http://www.rmhc-richmond.org)

## SPANISH RESOURCES

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**Duelo Latino** offers FREE grief & counseling support in Spanish.

- The virtual group meets at 7 pm on Wednesdays.
- The in-person group meets at 6 pm on the last Tuesday of the month at *Sacred Heart Center, 1400 Perry Street, Richmond, VA, 23224.*

Duelo Latino offers limited individual counseling. Latinx 18+ are welcome. This group is facilitated by qualified professionals, and registration is recommended. Duelo Latino offers limited assistance with transportation/gasoline, free childcare, and is accessible to public transportation. For information, registration, and referrals contact [DueloLatino@gmail.com](mailto:DueloLatino@gmail.com) or call (804) 424-1966.

**Livestrong Foundation** has personalized cancer navigation support in Spanish. Contact them at (855) 220-7777 (option 2), or learn more at [www.livestrong.org](http://www.livestrong.org)

**Nueva Vida (Latinas with Cancer)** can be reached at (202) 223-9100, or online at [www.nueva-vida.org](http://www.nueva-vida.org)

**Spanish Cancer Survival Toolbox** by the National Coalition for Cancer Survivorship, can be reached at (877) 622-7937, or online at [www.canceradvocacy.org/resources/cancer-survival-toolbox/los-primeros-pasos-para-la-supervivencia-al-cancer/](http://www.canceradvocacy.org/resources/cancer-survival-toolbox/los-primeros-pasos-para-la-supervivencia-al-cancer/)



## TRANSPORTATION FOR MEDICAL CARE

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### Richmond Area Discounted/Free Ground Transportation

**Road to Recovery with the American Cancer Society** has free or income based transportation, local and long distance. Call in advance, as it may take a few days to organize. Contact them at (800) 227-2345, select 3. Learn more at [www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html](http://www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html)

**Ride Assist Services** provides transportation to older adults in Powhatan. Contact them at (804) 698-0438, or via email at [RAServices.PVA@gmail.com](mailto:RAServices.PVA@gmail.com)

**Senior Connections, the Capital Area Agency on Aging** coordinates a variety of support, some of which may be free, including insurance counseling, care coordination, transportation, and support to stay home. Services Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent and Powhatan, and the City of Richmond. Contact them at (804) 343-3000. Learn more at [www.seniorconnections-va.org](http://www.seniorconnections-va.org)

**The Shepherd's Center of Richmond** provides free transportation to those in need who are 60 years of age and older. Contact them at (804) 355-7282 or learn more at <http://tscor.org/>

**Virginia Easy Access** has a service finder tool that helps individuals locate resources within their community. Individuals pick the county or city to find topics in that area including housing options, in-home services, transportation programs, and more. Access the search finder tool online at <https://easyaccess.virginia.gov/service-finder>.

**Let's Go Service** is a non-profit organization in Richmond, Virginia that provides donation-based transportation services for veterans, families in need, the elderly, and those in our community with disabilities. This includes trips to the grocery store, medical appointments, and more. They service individuals located in Henrico, New Kent, Mechanicsville, Midlothian, and Chesterfield. Appointments should be made at least two weeks in advance via their digital form at <https://www.letsgoservices.org/contact-us> Individuals who need services inside of the two-week timeframe should call 804-366-0670 for availability.

### Ground Transportation and Financial Support

**Lee's Friends** in the Hampton area provides free support services, including transportation and basic human needs (e.g., food and clothing). Contact them at (757) 440-7501, or at [www.leesfriends.org](http://www.leesfriends.org)

**The Leukemia and Lymphoma Society's Susan Lang, Pay-It-Forward Patient Travel Assistance Program.** Blood cancer only. Can be contacted at (877) 557-2672, or online at [www.lls.org/travel](http://www.lls.org/travel)

**Mercy Medical Angels & National Patient Travel Center** gives charitable travel assistance by providing commercial airline tickets and supports ground transportation with gas cards, bus, and train tickets. Contact at (757) 318-9174, or toll-free at (800) 296-1217. Learn more and request assistance at <https://mercymedical.org>

**Road to Recovery with the American Cancer Society** has free or income based transportation, for both local and long distance. Call in advance, as it may take a few days to organize. Contact them at (800) 227-2345, select 3, or visit them at [www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html](http://www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html)

**Senior Connections, the Capital Area Agency on Aging** coordinates a variety of support, some of which may be free, including insurance counseling, care coordination, transportation, and support to stay home. Contact them at (804) 343-3000, or visit [www.seniorconnections-va.org](http://www.seniorconnections-va.org)

**UZURV** is a mobile app for on-demand affordable transport for cancer patients and those with disabilities or mobility issues. Richmond and Alexandria Virginia only. Access them online at [www.uzurv.com](http://www.uzurv.com)

## Air Transportation

**Air Care Alliance** provides free air transportation for qualifying patients. Contact them at (888) 260-9707, [www.aircarealliance.org](http://www.aircarealliance.org)

**Air Charity Network** is the largest unified, volunteer pilot organization for qualified patients that travels nationwide. Contact them at (877) 621-7177, or visit them online at [www.aircharitynetwork.org](http://www.aircharitynetwork.org)

**Corporate Angel Network, Inc.** provides free air transportation for qualifying patients. Contact them at (914) 328-1313, or learn more at [www.corpangelnetwork.org](http://www.corpangelnetwork.org)

**Life Line Pilots** provides free air transportation for qualifying patients in the Midwest. Contact them at (800) 822-7972, or learn more at [www.lifelinepilots.org](http://www.lifelinepilots.org)

**Mercy Medical Angels** gives charitable travel assistance for qualifying patients by providing commercial airline tickets and supports ground transportation with gas cards, bus, and train tickets. The National Patient Travel Center and Angel Airline Samaritans are part of Mercy Medical Angels. Contact them at: (757) 318-9174, [www.mercymedical.org](http://www.mercymedical.org)

**National Cancer Assistance Foundation** – can provide financial assistance money (See “Paying For Medical Care,”)

## HOUSING FOR MEDICAL CARE

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**Cancer Support Community** recently partnered with Airbnb to provide free housing for individuals traveling for medical care who meet income and geographic requirements. Contact them at (888) 793-9355, or learn more online at [www.cancersupportcommunity.org/free-housing-patients-traveling-cancer-treatment](http://www.cancersupportcommunity.org/free-housing-patients-traveling-cancer-treatment)

**The Doorways** is the largest lodging facility for medical care in the Richmond area, serving VCU and other area hospitals. Contact them at (804) 828-6901, or online at [www.thedoorways.org](http://www.thedoorways.org)

**Reinhart Guest House** provides lodging for Bon Secours patients undergoing treatment and their families. Contact them at (804) 287-7300, or visit them online at [www.bonsecours.com/locations/community-services/richmond/reinhart-guest-house](http://www.bonsecours.com/locations/community-services/richmond/reinhart-guest-house)

**Hope Lodge of the American Cancer Society** provides a free place to stay while receiving medical care in many cities. Contact them at (800) 227-2345, or learn more at <https://www.cancer.org/support-programs-and-services/patient-lodging/hope-lodge.html>

**Joe’s House** is not an actual house, but a non-profit organization helping individuals with cancer and their families find a discounted place to stay near medical hospitals when traveling away from home for medical treatment. Contact them at (877) 563-7468, or visit them online at [www.joeshouse.org](http://www.joeshouse.org)

**Ronald McDonald House** provides reduced housing for pediatrics throughout the United States. Contact their local office at (804) 355-6517, or learn more at [www.rmhc-richmond.org](http://www.rmhc-richmond.org)

## MENTAL HEALTH SERVICES / SUPPORT GROUPS

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**Block Cancer Foundation** has a National Cancer Hotline that matches cancer patients with individuals who have recovered from the same type of cancer. Contact the Hotline at (800) 433-0464, or learn more at [www.blochcancer.org](http://www.blochcancer.org)

**Camp Kesem** is a nationwide community driven by college students supporting children of parents with cancer diagnoses. Contact them at University of Richmond (804) 491-6090, [richmond@campkesem.org](mailto:richmond@campkesem.org), or at Virginia Commonwealth University (908) 605-6112, [vcu.outreach@campkesem.org](mailto:vcu.outreach@campkesem.org). Learn more about them online at [www.kesem.org/programs-services/camp-kesem](http://www.kesem.org/programs-services/camp-kesem).

**CancerCare** has counselors and support groups as well as financial assistance and resource navigation (over the phone, online, and in-person). Contact them at (866) 552-6729 and (800) 813-HOPE (4673) [www.cancercare.org](http://www.cancercare.org). They provide free online support groups led by oncology social workers for cancer patients, caregivers, and loved ones. CancerCare offers specialized groups to address specific populations and concerns, including young adults, older adults, caregivers, the loss of a child, the loss of a parent, LGBTQ+, bereavement, healing through writing, and more. To join visit [https://www.cancercare.org/support\\_groups](https://www.cancercare.org/support_groups)

**Cancer Support Community** has a hotline for general cancer support, including managing costs, support groups, and cancer reference materials. Contact them at (888) 793-9355, or visit them online at [www.cancersupportcommunity.org/find-support](http://www.cancersupportcommunity.org/find-support)

**Commonwealth Catholic Charities** may be able to assist with providing or linking individuals to mental health services. Contact them at (804) 285-5900, or visit them online at [www.cccofva.org](http://www.cccofva.org)

**Full Circle Grief Center** provides support for grieving children, families, adults, and communities through free support groups, at and reduced cost individual counseling services, remembrance programs, and grief education support. Contact them at (804) 912-2947, or visit them online at <https://fullcirclegc.org>

**Health Brigade** (formerly Fan Free Clinic) has free mental and medical income based services. Contact them at (804) 358-6343, or online at [www.healthbrigade.org](http://www.healthbrigade.org)

**Imerman Angels** provide comfort and understanding for all cancer fighters, survivors, previvors and caregivers through a personalized, peer-to-peer mentorship program with someone who has been there. Visit them online at <https://imermanangels.org/>

**Jewish Family Services** (JFS) provides counseling services and can be contacted at (804) 282-5644. Learn more at [www.jfsrichmond.org](http://www.jfsrichmond.org)

**Life with Cancer** provides FREE counseling, education, and support groups. They are predominantly located in Northern Virginia. Contact them at (703) 206-5433, or learn more at [www.lifewithcancer.org](http://www.lifewithcancer.org)

**NAMI Central Virginia** (National Alliance on Mental Illness Central Virginia) has mental health programs, as well as a hotline that can be contacted at (804) 285-1749 Learn more online at [www.namicva.org](http://www.namicva.org)

**Richmond Behavioral Health Authority** provides mental health services, as well as 24-hour crisis intervention services. Contact them at (804) 819-4100.

**St. Joseph's Villa** has free/reduced mental health outpatient services for qualifying individuals. Contact them at (804) 837-0842, or visit them online at [www.neverstopbelieving.org/services/mental-health-services](http://www.neverstopbelieving.org/services/mental-health-services)

**VBHDS** (Virginia Department of Behavioral Health) provides information on free counseling services and can be contacted at (804) 786-3921, or online at [www.dbhds.virginia.gov/behavioral-health/mental-health-services](http://www.dbhds.virginia.gov/behavioral-health/mental-health-services)

**Bright Spot Network** – Provides small grants up to \$500 to pay for many cancer related needs including mental health services. Must be in treatment or within 1 year of completing treatment AND must be parent or guardian of child age 0-6 years. See General Financial Assistance Section.

**Cancer-Related Behavioral Health Fund** is a Grant program established to assist individuals in need of cancer-related behavioral health treatments. The Fund provides financial assistance to individuals with a diagnosis of cancer to help with cost-shares for covered services prescribed by behavioral health providers (psychiatrists, psychologists and licensed social workers). Applicants must be insured residents of the USA with a total household income not to exceed 500% of Federal Poverty Level. Maximum award is \$2000 per year. To apply visit <https://www.healthwellfoundation.org/fund/cancer-related-behavioral-health/>

## LOCAL RICHMOND SUPPORT GROUP MEETINGS

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### **Brain Tumor Support Group**

St. Mary's Hospital, Education Center, 2nd Tuesday of every month at 6:30 pm  
**BEFORE** you go, contact Nancy Hsu at (804) 852-2976, or [nancy.hsu@vcuhealth.org](mailto:nancy.hsu@vcuhealth.org).

### **Support Group for Those Coping as a Cancer Caregiver**

Bon Secours Memorial Medical Center, Cancer Resource Center  
Main Hospital Entrance, Room 1110, 1st Tuesday of every month; 2 – 3:00 pm

**BEFORE** you go, contact Ann Petersen, MSW at [\(804\) 764-7201](tel:8047647201)

### **General Cancer Support Group**

Bon Secours Memorial Medical Center, Cancer Resource Center  
Main Hospital Entrance, Room 1110, 1st and 3rd Tuesday from 9:30 – 11 am

**BEFORE** you go, contact Ann Petersen, MSW at [\(804\) 764-7201](tel:8047647201)

### **Cancer Support for Men**

Bon Secours Memorial Regional Medical Center, Cancer Resource Center  
Main Hospital Entrance, Room 1110, 2nd and 4th Tuesday of every month 3:30 – 5 pm

**BEFORE** you go, contact Ann Petersen, MSW at [\(804\) 764-7201](tel:8047647201)

### **Don't Ignore Stage 4 / Support for Those Living with Metastatic Cancer**

Bon Secours Memorial Regional Medical Center, Cancer Resource Center  
Main Hospital Entrance, Room 1110, 2nd and 4th Tuesday of every month 10 – 11 am

**BEFORE** you go, contact Ann Petersen, MSW at [\(804\) 764-7201](tel:8047647201)

### **Prostate Cancer Education & Support Group**

Bon Secours Cancer Inst. Reynolds Crossing, Radiation Oncology Waiting Room/Lobby  
1st Wednesday of every month 6:30 - 7:30 pm

**BEFORE** you go, contact them at [\(804\) 266-7762](tel:8042667762).

### **Virtual Monthly Support Groups for VCU patients**

**Men's Support Group** To register and receive the Zoom link, contact  
[Charles.riffie@vcuhealth.org](mailto:Charles.riffie@vcuhealth.org) or call 804-573-5456

**Women's Support Group** To register and receive the Zoom link, contact  
[Freda.wilkins@vcuhealth.org](mailto:Freda.wilkins@vcuhealth.org) or call 804-327-8824

## PERSONAL CARE

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### **Alternative Medicine**

**National Center for Complementary & Integrative Medicine**

(888) 644-6226, [www.nccam.nih.gov](http://www.nccam.nih.gov)

### **Car Repair**

**Mechanics of Faith**

[www.mechanicsofffaith.org](http://www.mechanicsofffaith.org)

(804) 277-3205

### **Clothing & Home Furnishings**

**Belmont Community Resource Services “The Closet”** is a clothing donation and distribution program run at Belmont. They serve the community on Fridays from 9 am - 1 pm. No one is ever charged for what they need. Their address is 3510 Broad Rock Blvd., Richmond, VA 23234. Call at (804) 868-8434 or visit them online <https://bcrrsva.org/the-closet/>

**Caring Closet** provides consignment quality; FREE clothing, in a timely manner, in a supportive setting, as well as bags filled with necessities and comfort items. To receive clothes fill out the request form <https://www.caring-closet.org/receive> and email to [info@caring-closet.org](mailto:info@caring-closet.org). Tell them your age, gender, sizing, clothing style, and articles needed. Pick-Up at the caring closet 24/7 and call 804-533-2657 for address.

**Mercy Mall** is a ministry offering free clothing, housewares (not furniture), baby items, toiletries, cleaning supplies, and more to individuals and families overcoming the obstacles to home and life stability. Their definition of crisis is any of the following situations: If you and/or your children have 2 or less outfits that fit and are weather appropriate; if you lost all your clothing/household/baby items due to a fire, sudden re-housing, theft, or other crisis; if you have transitioned from homelessness or unstable housing to new housing and do not have the necessary items to live and cook in the home; if you are pregnant and due to give birth within 30 days and do not have the necessary items to properly care for the baby. If any of these situations describes your circumstance, please text your name and a description of your current crisis to 804-728-2928. <https://mercymallva.org/>

## Cooking

- **Cancer Nutrition Consortium:** <https://www.cancernutrition.org>
- **Cook for Your Life:** <https://www.cookforyourlife.org>
- **Eat to Beat Cancer:** <https://www.eattobeat.org>

## End-of-Life Care

**A Peaceful Passing** provides certified End-of-Life doulas who work to help people find meaning and purpose in their life, to understand the impact they have made, and the legacy they are leaving. They help plan and educate for how the final days will unfold, while supporting loved ones left behind. Doulas also guide family and friends through these last days and help ease the suffering of grief. Contact them at (804) 502-3667, or learn more at [www.apeacefulpassing.info/](http://www.apeacefulpassing.info/)

## Eye Glasses

**New Eyes** - Only social service agencies/health advocates can apply on a client's behalf. (Please note that during the pandemic, New Eyes is accepting applications from individuals who have been affected by COVID-19). New Eyes provides a basic pair of single or lined bifocal lenses at no cost to the client. Special requests, including upgrades such as tinted, progressive, or transition lenses, are beyond the scope of New Eyes' program. Learn more and/or apply at <https://new-eyes.org/application>

## Exercise

**Life in Fitness - LIFT** in Richmond has free and low-cost group fitness activities with an emphasis on enjoying the outdoors for cancer survivors and thrivers, and their friends and families. LIFT is a wellness community of fitness, fun, and camaraderie. Contact them at (804) 306-1148, or via email at [LIFTrva@gmail.com](mailto:LIFTrva@gmail.com). Learn more on their Facebook page at [www.facebook.com/RVALIFT](http://www.facebook.com/RVALIFT)

### **Yoga Health Foundation**

[www.yogahealthfoundation.org](http://www.yogahealthfoundation.org)

**The Endorphasm Foundation** empowers individuals to MOVE past obstacles in their life by embracing the profound healing power of "the endorphasm" and community. Healthcare was designed with diseases, not people, at its center. It's time to change that. First, we engage and recruit oncology clinicians to recommend their patients move through cancer, so that the individual retains control over a critical aspect of their care. Then, we ensure that these individuals are connected to a Certified Cancer Exercise Specialists that works directly with each individual to prescribe appropriate movement based on their diagnosis and physical capabilities.

<https://www.endorphasmfoundation.org/>

## Food Pantries

**A Place of Miracles** aids families of the Chesterfield area that are in need of daily meals. Contact them at (804) 722-9577, or online at [www.apomcafe.com/](http://www.apomcafe.com/)

**Cap Up (Capital Partnership Uplifting People)** provides emergency financial assistance (rent/mortgage, utilities, food, health), employment services (coaching, networking), Food Buying Club (food pantry services), and senior



center information in the Richmond area. Contact them at (804) 788-0050, or online at [www.capup.org](http://www.capup.org)

**Chesterfield/Colonial Heights Department of Social Services** aids individuals and families who have experienced, or are experiencing, an emergency situation that limits their funds for essential items, such as food. Contact them at (804) 796-3715, or learn more online at [www.cchasm.org/food-assistance](http://www.cchasm.org/food-assistance)

**Chesterfield Food Bank** serves a variety of our neighbors, the majority of whom do not qualify for government assistance. Contact them at (804) 414-8885, or learn more at [www.chesterfieldfoodbank.org/](http://www.chesterfieldfoodbank.org/)

**Colonial Heights Food Pantry** is committed to alleviating hunger and developing collaborative strategies to encourage self-reliance and preserve human dignity. Contact them at (804) 520-7117, or online at [www.chfoodpantry.org/](http://www.chfoodpantry.org/)

**Commonwealth Catholic Charities** can assist individuals searching for a food pantry and can be contacted at (804) 285-5900, or online at [www.cccofva.org](http://www.cccofva.org). They also provide a number of local food pantries, including:

- **Dilbert Food Pantry (Richmond)**, open Tuesdays, Wednesdays, and Thursdays, 9am to 12pm. Recipients may receive food once within a 30-day period. Located at 1601 Rolling Hills Drive, Richmond, VA 23229. Contact them at (804) 285-5986.
- **St. Francis House Food Pantry (Roanoke)**, open Monday through Friday, 9am to 12pm. Recipients may receive food once within a 30-day period. Located at 836 Campbell Avenue, SW, Roanoke, VA 24016. Contact them at (540) 268-0098.

**Meals on Wheels & FeedMore** is a Richmond local foodbank and free food delivery service to low income individuals. They also provide an online resource to find agencies and food banks outside of the Richmond area. Contact them at (804) 521-2500, or online at [www.feedmore.org](http://www.feedmore.org)

**St. Mary's Catholic Church** has a food pantry and provides utilities support. Contact them at (804) 740-4044, or online at [www.stmarysrichmond.org](http://www.stmarysrichmond.org)

**Virginia Department of Social Services' Supplemental Nutrition Assistance Program (SNAP)** can be used like cash to buy eligible food items from authorized retailers. Contact them at (800) 552-3431, or learn more at [www.dss.virginia.gov/benefit/snap.cgi](http://www.dss.virginia.gov/benefit/snap.cgi)

**Federation of Virginia Food Banks** has map of their member food banks online at <https://vafoodbanks.org/virginia-food-bank-locator/> and can assist with

applying for SNAP benefits <https://vafoodbanks.org/find-assistance/apply-for-federal-state-nutrition-assistance-programs/>

**Shine Farm CSA/Farm Share** For RVA patients with the financial means, shine farm will deliver fresh, local produce to homes in churchill, scotts addition, the fan, carytown, the museum district, manchester, forest hill, willow lawn, bellevue, fulton hill & anything in between. Community Supported Agriculture (CSA) helps farmers afford what they need to grow for the season, and in return members receive weekly fresh produce, 15% discount on additional produce, flowers, or handmade products and 50% off all farm workshops and events. Various sizes and seasons are available. Generally runs March – October and costs vary depending on the chosen plan. <https://shine.farm/farm-share-csa/>

**Farm Bus CSA/Farm Share** For RVA patients with the financial means, the Farm Bus will deliver local produce, meats, dairy, bread, mushrooms, and fermented goods. Delivery for a 6-mile radius from Farm to Family in Church Hill, the Fan, Downtown, Manchester, Lake Side, Forest Hill, Museum District, Jackson Ward, Northside, Ginter Park. Costs vary depending on plan selection, and are purchased for an entire season. <https://thefarmbus.csaware.com/store/>

**Seasonal Roots** For Virginia patients with the financial means, Seasonal Roots will deliver fresh local produce as well as artisan goods and everyday essential such as coffee, bread, salsa, and more. Seasonal roots requires a \$50 year-long membership fee and then you pay weekly for your goods, making it more accessible than other options. Seasonal roots has a wide service area, check their website to see if your zip code is covered and to sign up <https://www.seasonalroots.com/>

### Grocery & Food Financial Assistance

**Vital Options International Selma Schimmel Vital Grant** – Will provide monetary support. The grant program will assist those facing a significant financial hardship due to the diagnosis of a chronic, terminal or rare condition such as cancer, Parkinson’s, Huntington’s Disease or many others. To submit an application, follow the link and click the “Apply for Assistance Here” button at the bottom of the page <https://www.vitaloptions.org/assistance>

### Therapeutic Horse Back Riding

**New Day Equine Therapy** in Ashland, Virginia has riding with Bruce D. Nachman. Contact them at (804) 307-5156, or online at [www.newdayequinetherapy.com](http://www.newdayequinetherapy.com)

## Therapeutic Horse Back Riding Association of Virginia

<http://travinc.org/>

### Pet Assistance

**Cancer Care's PAW (Pet Assistance and Wellness)** program helps dog and cat owners affected by cancer with financial assistance, educational programs, counseling, and case management. Contact them at (800) 813-HOPE (4673), or learn more at [www.cancer.org/blog/cancer-care-pet-assistance-wellness](http://www.cancer.org/blog/cancer-care-pet-assistance-wellness)

**Richmond SPCA** will provide low-cost veterinarian services, as well as food and supplies, if needed. Contact them at (804) 521-1300, or visit them online at <https://richmondspca.org/who-we-are/contact-us/>

### Smoking

The **Guide to Quit Smoking** from the **American Cancer Society** can be found online at [www.cancer.org/healthy/stay-away-from-tobacco/guide-quit-smoking.html](http://www.cancer.org/healthy/stay-away-from-tobacco/guide-quit-smoking.html)

Visit [www.smokefree.gov](http://www.smokefree.gov) for support with quitting smoking, including a text message support program

### Wigs, Prosthetics & Resources for appearance related side effects

**Amputee Coalition** provides financial support for prosthetic services. Contact them at (888) 267-5669, or visit them online at [www.amputee-coalition.org/resources/financial-assistance-for-prosthetic-services](http://www.amputee-coalition.org/resources/financial-assistance-for-prosthetic-services)

**The Areola Restoration Center** provides free consultation for 3D Areola/Nipple restoration. Restoration surgery is covered by insurance in most cases. Learn more at [www.areolarestorationcenter.org](http://www.areolarestorationcenter.org) or call (804) 716-9804.

**EBeauty** is a non-profit supporting women with a wig exchange program and other beauty support. Learn more at [www.ebeauty.com](http://www.ebeauty.com)

**Godiva's Secret Wigs** is a for-profit wig company that can be contacted at (877) 567-9447, or online at [www.godivassecretwigs.com](http://www.godivassecretwigs.com)

**Look Good Feel Better of the American Cancer Society** can be contacted at (800) 227-2345 (toll-free).

**Sit’N Pretty N Pink - The House of Nehemiah International** is a non-profit organization that provides free wigs for chemo patients. Contact them at (757) 504-4494, or online at [www.sitnprettypink.net](http://www.sitnprettypink.net)

**Stepping Stones Women’s Center** is a great center located in Mechanicsville, Virginia that provides breast prosthetics, pocketed bras, postop garments, pocketed swim and active wear, wigs, head coverings, and more. Contact them at (804) 746-9880, or online at [www.steppingstones4women.com](http://www.steppingstones4women.com)

## DOMESTIC VIOLENCE RESOURCES

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**YWCA** Provides emergency and support services to empower survivors of intimate partner and sexual violence. YWCA Richmond is a partner of EmpowerNet, a regional network of 6 domestic and sexual violence agencies in the Greater Richmond area. We collaborate to provide comprehensive crisis and recovery services across the region to help survivors find healing and stability. They can assist with Creating a safety plan, Information on leaving a dangerous situation, Emergency shelter, Hospital accompaniment, Individual and group mental health counseling, Case management, Legal advocacy, Workforce navigation, Referrals and resources. Call or text the 24-hours helpline 804-612-6126 or visit their website at <https://ywcarichmond.org/get-help/>

**Safe Harbor** support those who are experiencing or have experienced domestic violence, sexual violence, or human trafficking. In all of our programs, we work from a trauma-informed and empowerment-focused lens. We see each survivor as the expert of their own experiences and strive to create a safe and welcoming space for all. Works with Bon Secours Richmond Health System, Commonwealth Catholic Charities, Henrico County, The Salvation Army, Virginia Commonwealth University Sexual Assault Program, and the YWCA of Richmond. Primarily serves Henrico, but has partners through the greater Richmond region. Get help through the 24 hour helpline at (804) 500-2755 or <https://safeharborshelter.com/>

**Carol Adams Foundation** supports those who are experiencing or have experienced domestic violence, sexual violence, or human trafficking. In all of their programs, they work from a trauma-informed and empowerment-focused lens. They see each survivor as the expert of their. They can help with emergency hotline to aid women in distress, emergency shelter programs, children’s services, workforce assistance, emergency financial support, transitional housing programs, counseling, mental health support, and coordinated follow-up program to ensure that victims do not fall back into their current situation. Serves all of Virginia. Contact them at (804) 218-2866 or <https://www.caroladamsfoundationva.org/>

## LOCAL COUNTY / CITY SERVICES

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**Eastern Henrico** provides for its residents emergency services for food, bills/expenses, and clothing. Contact them at (804) 257-7730

**Goochland Cares Free Clinic and Family Services** provides for its residents medical services, financial assistance, food, medical transportation, and emergency housing. Contact them at (804) 556-6260, or online at [www.goochlandcares.org](http://www.goochlandcares.org)

**Halifax County Cancer Association** provides for its residents referrals, education, travel vouchers, medication assistance, and hospital equipment loans. Contact them at (434) 476-2714, or visit them online at [www.hccahope.org](http://www.hccahope.org)

**Richmond City Department of Social Services** provides services for residents. Contact them by dialing 3-1-1 (customer care center), or visit them online at [www.rva.gov/social-services/esi-general-relief-gr](http://www.rva.gov/social-services/esi-general-relief-gr)

**Gloucester & Mathews Area's The Giving Garden** provides for its residents financial support for rent, mortgages, fuel, utilities, groceries, treatments, prescriptions, and any other necessary expenses. Learn more online at [www.thegivinggarden.org](http://www.thegivinggarden.org)

**Gloucester & Mathews Area's The Samaritan Group** provides for its residents financial assistance for families temporarily in need. Contact them at (804) 693-3600, or visit them online at [www.thesamaritangroup.org](http://www.thesamaritangroup.org)

## LEGAL SERVICES

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### Richmond Area

**CancerLINC** connects qualified cancer patients with FREE legal and financial services and for fee services for non-qualified patients in the Richmond and surrounding areas. Contact CancerLINC at (804) 562-0371, or online at [www.CancerLINC.org](http://www.CancerLINC.org)

**Central Virginia Legal Aid Services** provides discounted services to eligible persons. Contact them at (804) 648-1012, or learn more at [www.cvlas.org](http://www.cvlas.org)

**George Hatcher Community Law Center** in Church Hill provides pro bono legal assistance regarding family law, housing and real estate, and guardianship.

- Contact: Sandy Reynolds, 804-775-2248

### Northern Virginia

**Alexandria Bar Lawyer Referral Service**, (703) 548-1106

**Arlington Bar Lawyer Referral**, (703) 228-3390

**Fairfax Bar Association Lawyer Referral & Information Service**, (703) 246-3780

**Legal Aid Justice Center**, (703) 778-3450

**Legal Services of Northern Virginia**, (703) 778-6800, [www.lsnv.org](http://www.lsnv.org)

**Prince William County Bar Association Lawyer Referral Service**, (703) 393-2306

### **Fredericksburg, Tappahannock, & Culpeper**

**Legal Aid Works**, (540) 371-1105, [www.legalaidworks.org](http://www.legalaidworks.org)

### **Charlottesville**

**Legal Aid Justice Center**, (434) 977-0553

### **Virginia**

**\*Disability Issues: Office of the Attorney General**, Human Rights, (804) 225-2292

**Virginia Sexual and Domestic Violence Action Alliance** provides legal support to survivors of sexual and domestic violence. Contact them at (800) 838-8238, or learn more at [www.vsdvalliance.org/resources-helpayuda/legal-help/?view=mobile](http://www.vsdvalliance.org/resources-helpayuda/legal-help/?view=mobile)

**Disability Law Center of Virginia** (800) 552-3962, [www.dlcva.org/programs](http://www.dlcva.org/programs)

**Virginia Poverty Law Center** (804) 782-9430, [www.vplc.org](http://www.vplc.org)

**Patient Advocate Foundation** provides financial support for mediation and arbitration services. Contact them at (800) 532-5274, or online at [www.patientadvocate.org/contact/](http://www.patientadvocate.org/contact/)

**Free Legal Answers** can be accessed online at <https://virginia.freelegalanswers.org>

**Virginia Lawyer Referral Service** will connect you to a lawyer in your area for a \$35 fee. You receive a consultation of up to a half hour with the lawyer – no strings attached. Contact them at (804) 775-0808, or online at [www.vsb.org](http://www.vsb.org)

**Access to JUSTICE** provides a guide to low and medium income Virginians in need of legal services. Contact them at (804) 775-0500, or learn more at [www.vsb.org/docs/probono/access-guide.pdf](http://www.vsb.org/docs/probono/access-guide.pdf)

**Community Tax Law Project (CTLP)** provides free legal help to eligible persons experiencing from tax related economic harm. Contact them at (804) 358-5855, or learn more at [www.ctlp.org](http://www.ctlp.org)

**Virginia Legal Aid Society (VLAS)** is a nonprofit law firm established in 1977 to provide free civil legal services to eligible low-income residents in 20 counties and six cities in Central, Southside, and Western Tidewater Virginia. VLAS serves these communities by providing free information, advice, and representation in such areas as housing, healthcare, income and benefits, family issues, consumer, and education. For more information, visit them online at [www.vlas.org](http://www.vlas.org) or call the VLAS Law Line at (866) 534-5243.

## IMMIGRANT/REFUGEE SUPPORT

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### General

**Commonwealth Catholic Charities** provides interpreter, immigration, and resettlement services to migrants and refugees. Staff is accredited by the Department of Justice, providing the community with a nonprofit alternative to immigration lawyers.

<https://www.cccofva.org/migrantsandrefugees>

**ReEstablish Richmond** connects refugees and new immigrants in Richmond with resources to establish roots, build community, and become self-sufficient. They work in collaboration with resettlement agencies, government services, faith communities, and volunteers. For help visit <https://www.reestablishrichmond.org/>

### Spanish Specific

**Virginia Poverty Law Center (LA VIDA)**. VPLC established the Legal Assistance to Victim-Immigrants of Domestic Abuse (LA VIDA) program for eligible low-income, undocumented or under-documented immigrant victims of domestic or sexual violence in 2009. The LA VIDA Team conducts intakes to determine if immigrant domestic and sexual violence survivors qualify for visas, especially U visas, VAWA Self-Petitions, Removal of Conditions for Battered Spouses, or T visas (and associated LPR applications). Completing an intake does not guarantee eligibility for a visa or any other immigration petition nor does it guarantee free legal representation. LA VIDA prepares and submits visa applications for eligible clients and connects other victims with attorneys and professionals who can help them with appropriate immigration petitions. Services available in English and Spanish.

[https://www.immigrationadvocates.org/nonprofit/legaldirectory/organization.393408-Virginia Poverty Law Center](https://www.immigrationadvocates.org/nonprofit/legaldirectory/organization.393408-Virginia%20Poverty%20Law%20Center)

**Eviction Defense Center (VA Poverty Law Center).** El Centro de Defensa contra Desalojos es un proyecto del Virginia Poverty Law Center (VPLC). Especialmente para los inquilinos que no reciben ayuda directa de su Asistencia Legal local, brindamos información crucial y herramientas legales simples y efectivas que los inquilinos pueden usar para comprender la ley y defender sus derechos ante los tribunales.

<https://www.evictiondefensecenter.org/about-us>

**Latinos in Virginia Empowerment Center.** The General Helpline serves as a trusted resource for Latinos who are not experiencing violence, but may need help getting access to services. It is staffed by Spanish-speakers who can make trustworthy referrals to Virginia's available resources. Our General Helpline is answered by bi-lingual, bi-cultural advocates between 9am and 5pm ET, Monday through Friday. **General Helpline Richmond – 804-658-3341. General Helpline Hampton Roads – 757-708-2812. Crisis Support line 888-969-1825.** La Línea de Ayuda General sirve como un recurso de confianza para latinos que no sufren violencia, pero que pueden necesitar ayuda para acceder a otros servicios. Su personal está formado por hispanohablantes que pueden referir a las personas de confianza a los recursos disponibles en Virginia. Nuestra línea de ayuda general es atendida por defensores bilingües y biculturales entre las 9.00 y las 17.00 ET, de lunes a viernes. **General Richmond - 804-658-3341. General Hampton Roads - 757-708-2812. LÍNEA 24/7 De Apoyo Para Víctimas En Caso De Crisis - 888-969-1825.** <https://latinosenvirginia.org/get-help>

**Sacred Heart Center** supports our local Latino community through our adult education and support programs. Provides connections to basic resources, education, and more for the Latino community. Conectamos a las familias latinas con herramientas para prosperar y florecer. Visit <https://shcrichmond.org/> or call **804-230-4399**

## DISEASE SPECIFIC RESOURCES

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### General Cancer Information

The National Cancer Institute, [www.cancer.gov/types](http://www.cancer.gov/types)

### Bone Marrow Disease Cancer

**Aplastic Anemia & MDS International Foundation**, (800) 747-2820, [www.aamds.org](http://www.aamds.org)

### Brain Cancer

**American Brain Tumor Association (ABTA)**, (800) 886-2282, [www.abta.org](http://www.abta.org)  
**Glenn Garcelon Fund or ABTA Financial Assistance Program** offers limited financial assistance for patients diagnosed with primary benign or malignant



central nervous system (CNS) tumors. To ease the patient's financial burden, the fund may cover certain expenses and/or bills, such as mortgages, medical bills, and utilities. To learn more about the program or to apply for financial assistance, please download and complete this application

<https://www.abta.org/wp-content/uploads/2024/01/LO2-ABTA-GGF-Application-Pt.HCP-Fillable-1.pdf>

**Cullather Quality of Life Cancer Center for Brain Cancer** provides supportive services emphasizing quality of life including counseling, therapies, and grief/loss support. Contact them at (804) 287-7809, or online at [www.cullather.org](http://www.cullather.org)

**Mission4Maureen** is dedicated to providing financial assistance to families who are burdened with the staggering cost of brain cancer treatment. Financial aid is available for medical bills as well as childcare, housing payments, utility bills, transportation, medication and other areas of assistance. An application with supporting documentation is required. Applicants may submit up to three bills to be considered totaling no more than \$1,500 per application. Please allow 3-5 weeks for your application to be processed and reviewed. Call 440-840-6497 or apply <https://form.jotform.com/241163772178157>

**National Brain Tumor Society**, (617) 924-9997, [www.braintumor.org](http://www.braintumor.org)

## Breast Cancer

**Breast Cancer Options**, 845-339-HOPE, [www.breastcanceroptions.org](http://www.breastcanceroptions.org)

**BreastCancer.org**, (610) 642-6550

**Here for the Girls** is a Virginia non-profit providing local, in-person support groups for breast cancer patients under 51 years of age. Learn more at [www.hereforthegirls.org](http://www.hereforthegirls.org)

**Living Beyond Breast Cancer Fund** has expanded our financial assistance program to serve the national breast cancer community through one-time grants for basic living expenses to help decrease financial burden. Applications are accepted every other month on the third Wednesday (January, March, May, July, September, and November). The application will open on **Wednesday, January 15, 2025 at 12:00 p.m. (noon) Eastern Time**. Once you access the application you will have one hour to complete it; however, at 12:10 pm Eastern Time, the application button will be removed from the webpage and no additional applications can be started. To apply, both of these things must be done: 1) We need an application from you on the date that we accept new applications, and 2) your healthcare provider must complete a form to verify your breast cancer diagnosis. <https://www.lbbc.org/about-us/what-we-do/lbbc-fund>

**Susan G. Komen Foundation** is a Richmond-based breast cancer non-profit. Contact them at (877) 465-6636, or online at [www.komencentralva.org](http://www.komencentralva.org)

The Komen Financial Assistance Program provides \$400 grants for daily-living costs such as rent, utilities, food, transportation, childcare, or medical needs. Funding payments may only be made directly to applicant. Eligibility requires currently being in active treatment for stage 0-3 breast cancer that was diagnosed in the last 24 months OR living with metastatic breast cancer, have a current annual household income at or below 300% of the Federal Poverty Level, and live in the United States. Individuals may apply once every 12 months based on last payment date. <https://www.komen.org/financial-assistance-program/>

**National Association of Breast Cancer Organization,**  
[www.nationalbreastcancer.org](http://www.nationalbreastcancer.org) (972) 248-9200

**The Pink Fund** provides 90-day, non-medical cost of living expenses to individuals in active breast cancer treatment. This fund also distributes short-term financial aid for basic living expenses to patients who have lost all, or part of, their income during active treatment. This aid is paid directly to the patient's creditors. Contact them at (877) 234-7465, or online at [www.pinkfund.org](http://www.pinkfund.org)

**SHARE: Self-Help for Women with Breast or Ovarian Cancer**  
(212) 719-0364, [www.sharecancersupport.org](http://www.sharecancersupport.org)

**Virginia Breast Cancer Foundation,** (804) 285-1200, [www.vbcf.org](http://www.vbcf.org)

**Young Survival Coalition – Breast Cancer,** (877) 972-1011,  
[www.youngsurvival.org](http://www.youngsurvival.org)

**Pink Aid Pink Purse** - Provides emergency assistance to underserved breast cancer patients in financial crisis while undergoing active treatment for a breast cancer diagnosis. This emergency fund provides assistance for critical non-medical essential household expenses within 48 hours. Applications must be submitted by a social worker. To apply visit <https://pinkaid.org/pink-aid-pink-purse/>

**Donna M. Saunders Foundation** –Provides resources and financial assistance to breast cancer patients. Funding policy allows for a wider range of approved expenses, such as housing expenses, transportation expenses, medical co-pays, and groceries. Provides decision within two weeks. To apply visit <https://breastcanceraid.org/apply-for-assistance/>

**Remember Betty** – Provides financial assistance grants for Mortgage/Rental payments, medical bills, transportation, general use, and compression garments.

Applications accepted 1<sup>st</sup> and 7<sup>th</sup> of each month. Decisions issued by the 17<sup>th</sup>. Applications must be physically mailed and signed by the patient. To apply visit <https://www.rememberbetty.com/apply-for-assistance>

### Cervical Cancer

**Co-Pay Relief, through the Patient Advocate Foundation**, offers funding for co-pay, co-insurance, deductibles, office visits administration charges related to treatment, and medical insurance premiums up to \$1,750 per year. Eligibility requires 500% or less of the Federal Poverty Guideline and must reside in the United States. <https://copays.org/funds/cervical-cancer/>

### Colorectal Cancer

**Colon Cancer Alliance**, (877) 422-2030 [www.ccalliance.org](http://www.ccalliance.org)

**Meredith's Miracles** awards Miracles for basic needs such as rent/mortgage, utilities (heat, lights, water), telephone, car payments, car insurance or other basic expenses. Eligibility requires a diagnosis of colorectal cancer or experiencing symptoms, currently receiving treatment for diagnosis, having a dire financial circumstance, and being an adult aged 40 or under. <https://www.merediths-miracles.org/apply>

**National Colorectal Cancer Roundtable**, [www.nccrt.org](http://www.nccrt.org)

**Shine for Scott** – Provides financial assistance for people under 50 diagnosed with colon cancer or in need of screening. Will pay for screening, treatment and co-pay costs, prescription drugs, rent, mortgage, utilities, travel for second opinions, and special funding for unspecified categories. To apply visit [https://shineforscott.org/?page\\_id=72](https://shineforscott.org/?page_id=72)

### Kidney Cancer

**Kidney Cancer Association**, (800) 850-9132, [www.kidneycancer.org](http://www.kidneycancer.org)

### Leukemia & Lymphoma

**Leukemia and Lymphoma Society of Virginia** may help with copay assistance, travel assistance, information specialists, financial support, and support groups. Contact them at (804) 673-5690, or online at <https://www.lls.org/support-resources/financial-support>

**Lymphoma Foundation of America**, (734) 424-2000, [www.lymphomahelp.org](http://www.lymphomahelp.org)

**Lymphoma Research Foundation**, (800) 500-9976, [www.lymphoma.org](http://www.lymphoma.org)

## Lung Cancer

**American Lung Association** has a Richmond office. Contact them at (202) 719-2809, or learn more at [www.lung.org/about-us/local-associations/virginia.html](http://www.lung.org/about-us/local-associations/virginia.html)

**GO2 For Lung Cancer** (800) 298-2436 [www.go2.org](http://www.go2.org)

**LungCancer.org** is a non-profit organization providing free professional support, including counseling, support groups, financial assistance, and workshops for lung cancer. Visit them online at [www.lungcancer.org](http://www.lungcancer.org) or call (844) 360-5864

## Myeloma

**Leukemia and Lymphoma Society of Virginia** may help with copay assistance, travel assistance, information specialists, and support groups. Contact them at (804) 673-5690, or online at [www.lls.org/virginia](http://www.lls.org/virginia)

**Multiple Myeloma Research Foundation**, (203) 229-0464, [www.themmr.org](http://www.themmr.org)

**International Myeloma Foundation (IMF)**, (800) 452-2873, [www.myeloma.org](http://www.myeloma.org)

**Family Reach Multiple Myeloma Funding** supports multiple myeloma patients and caregivers with up to \$1,000 towards nonmedical expenses on occasion. <https://familyreach.org/gethelp/> [Check funds available]

## Oral, Head, & Neck Cancer

**Support for People with Oral, Head, & Neck Cancer**, (800) 377-0928, [www.spohnc.org](http://www.spohnc.org)

## Ovarian Cancer

**National Ovarian Cancer Coalition**, (214) 273-4200, [www.ovarian.org](http://www.ovarian.org)

NOCC Financial Assistance Program supports patients who have been diagnosed with ovarian cancer, fallopian tube cancer or peritoneal cancer, by providing financial assistance for:

- Non-medical expenses that may hinder patients from receiving the treatment and care they need
- Common non-medical expenses related to clinical trial participation

The NOCC Clinical Trial Fund offers a \$1,500 grant once per year to eligible patients diagnosed with ovarian cancer and participating in a clinical trial to cover common non-medical costs related to participation. The fund will cover

expenses related to transportation to and from clinical trial treatment/doctor (airfare, gas, rental cars, taxi fare, parking/toll, etc.) hotels/lodging, and meals and food. To be eligible, the patient must meet income guidelines and provide diagnosis and clinical trial participation documentation to finalize the application. [Review the program disclaimer for this fund here.](#) Register and apply online [here](#) or by calling (866) 719-2767. [www.ils.org/virginia](http://www.ils.org/virginia)

**Ovarcome's Ovarcare Grant** is a financial, psycho-social, and informational support program for ovarian cancer patients in active treatment. They offer a \$200 grant, \$100 gas card, \$100 grocery card, optional 6 psycho-social counseling sessions by a licensed Clinical Psychologist, and optional genetic counseling session by a licensed Genetic Counselor (as applicable). Eligibility requires a diagnosis of ovarian cancer by an oncology healthcare provider, active treatment, and meeting the financial eligibility requirements of 265% of the Federal Poverty Limit. <https://ovarcome.org/ovarcare-grant-application/>

## Pancreatic Cancer

**The Pancreatic Cancer Action Network**, (877) 272-6226, [www.pancan.org](http://www.pancan.org)

**The National Pancreatic Cancer Foundation** provides financial assistance for patients with pancreatic cancer who are in need. They also provide access to counseling and an advocacy hotline. Contact the hotline at (800) 859-6723, or learn more online at [www.npcf.us/programs/financial-resources/](http://www.npcf.us/programs/financial-resources/)

**Hirshberg Foundation** offers grants to people with pancreatic cancer for transportation and treatment costs, pain medication, home care and childcare. Call (310) 473-5121 or visit online at <https://pancreatic.org/patients-caregivers/financial-aid/>

**Project Purple** is dedicated to providing financial aid for medical and everyday living expenses to patients in treatment for pancreatic cancer. Aid is paid directly to the patient's creditors. Call (203) 714-6052 or visit online at <https://www.projectpurple.org/ways-we-help/pancreatic-cancer-patient-financial-aid/>

**Dawn Hill Fight Foundation** provides financial support to pancreatic cancer patients <https://www.dawnhillfightfoundation.org/application>

## Prostate Cancer

**Prostate Cancer Foundation** provides support groups, wellness advice, and resources for patients with prostate cancer 800-757-2873, [www.pcf.org](http://www.pcf.org)

**Prostate Health Matters (PHM)** foster awareness and proactivity in men about their prostate health with a primary focus of getting them to see their doctors. PHM is a safe space for candid conversations. Our Interactive sessions include sharing survivor stories, resources, and education that highlight prostate health resilience. [www.prostatehealthmatters.org](http://www.prostatehealthmatters.org)

## Rare Disorders

**Allyson Whitney Foundation** Offers their 'Life Interrupted Grants' from \$500-\$1,500 to cover a wide range of needs, including (but not limited to): current and residual medical bills, rent, mortgage, utilities, car and health insurance premiums, \* IVF start up treatments (egg retrieval and sperm banking), integrative therapies, travel expenses, and medical hair pieces. If you think that you might be an ideal candidate for the grant, contact your patient navigator to request an application during our open request period within a 9 month time frame after a cancer diagnosis. Applications NEED to be requested by an oncology social worker, doctor's office, or patient navigator. Once an application is requested, there is 1 page for the facility to fill out, the rest is completed by the patient/individual. Eligibility requirements include being a young adult ages 16-36 diagnosed with a 'rare' cancer and be a citizen of the United States. Note: ALMOST all young adult cancers are considered 'rare'. *\*Applications are currently closed, but for more information and to check availability visit <https://allysonwhitney.org/grants/>*

**National Organization for Rare Disorders (NORD)** provides assistance programs to help patients obtain medications, financial assistance with insurance premiums, co-pays, diagnostic tests, and travel assistance for clinical trials/specialist consultations. Contact them at (202) 588-5700, or online at [www.rarediseases.org](http://www.rarediseases.org)

## Sarcomas

**Sarcoma Alliance**, (415) 381-7236, [www.sarcomaalliance.org](http://www.sarcomaalliance.org)

**Kylee's Dancing Angels** is a non-profit that provides the financial means necessary to help sarcoma patients get to their "happy place".

<http://www.kyleesdancingangels.org/find-your-happy-place/>

## Skin Cancer

**Skin Cancer Foundation**, (212) 725-5176, [www.skincancer.org](http://www.skincancer.org)

## Testicular Cancer

The Testicular Cancer Resource Center, [www.thetcrc.org](http://www.thetcrc.org)

### Thyroid Cancer

ThyCa: Thyroid Cancer Survivors' Association, (877) 588-7904, [www.thyca.org](http://www.thyca.org)



No one should have to face cancer alone.

(804) 562-0371 | [info@cancerLINC.org](mailto:info@cancerLINC.org)

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